



NEWSLETTER



PARENT'S CORNER

A big welcome to all new parents and children that joined our nursery this academic year. We kindly ask that you read our guide below and feel free to contact us if you'd like more information on any of these points.

- Ensure your child has enough spare clothes (adjusted to weather needs) & label his/her belongings.
- Provide bedding that are clearly labelled in drawstring bag or back pack(not plastic bag) for your child (1 bed sheet and 1 blanket) every week.
- Please make sure that your child wears comfortable, easy to put on shoes. We're promoting independence by encouraging them to put shoes on/off by themselves but if too difficult this may cause frustration - no shoelaces, **Velcro is a better option.**
- **If you would like your child to have her/his breakfast at nursery, make sure they arrive early, breakfast ends at 8.50am. This is to enable children to get ready for the day activities and routines.**
- Remember to press the starfish room or office buzzer between 12pm and 2pm as the children are sleeping during this time.
- Please read the feedback information at the door so pick up times are smooth and rapid.
- We kindly ask all parents to support their child/ren at home with their self-independence, this includes using the toilet, potty training, dressing/undressing, self-feeding, wiping their nose and putting on their shoes.
- **Just a reminder for you to brush your child's teeth twice a day at home (including babies).**
- If your child was born between 1 September 2018 and 31 August 2019, you must now apply for a Reception Class place in September 2023. We'll provide you with further information on how to apply as soon as we receive it. In the meantime, you can begin viewings/research your intending schools.

Memorable Moments

Thank you to you all for making our Christmas 2022 celebrations and activities engaging, collaborative and a learning experience for all the children, we appreciate your support at all times.

Stay and Play – Parents joined in the children's activities, learning about how the kids learn to play. Ideas on how to broaden children's learning at home were given, parents/carers also shared ideas, activities & experiences they provide at home to enrich their children's learning. Parents got the chance to learn more about our team and meet other parents. An engaging, interactive, and warm

experience that received lots of positive feedback.

We really appreciate the parents'/family's engagement during our events. This stays in the children's memories, promoting a strong sense of self-confidence & self-esteem.



YOUR VIEWS

As part of our summer planning for 2023 we would like your views on these 3 options of

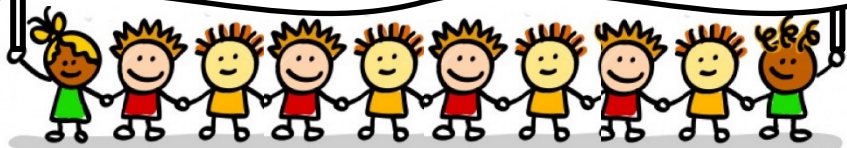
1. Summer Outing
 2. Stay and Play
 3. Sports Day
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4. Please speak to the managers or send us a text so we know your preference.



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Dates for your diary



Below are some important dates for your diary, for all these events further information will be provided nearer to the time as necessary.

- **Parents Meeting: Dolphin & Penguin room w/c Monday 20th to Friday 24th March 2023**
- **Whales room w/c Monday 27th to Friday 31st March 2023.** To discuss progress & development and share ideas for your child's curriculum. Slots will be booked via phone.
- **World Book Day: we will be very grateful if parents can send us videos reading stories, singing nursery rhymes, reciting poems in English and other languages for us to share with the children.**
- **Easter Closure: Friday 7th April – Friday 14th April 2023.** We resume back on Monday 17th April 2023
- Please note Friday 7th and Monday 10th April 2023 are bank holidays.
- Monday May 1st and May 29th are Bank holidays and Monday May 8th bank holiday for the coronation of King Charles.

HALF TERM DATES - FUNDED CHILDREN ARE NOT IN NURSERY ON THESE DATES

Monday 29th May- Friday 2nd June 2023(inclusive)
NURSERY MENU

Going forward we may need to tweak our menu as the need arises, this is due to shortage in food supply and reduced quantity in food items from our supplier (Asda) we will still keep our menu nutritional as always.

Staff & Nursery News

A BIG THANK YOU to all parents that gave us feedback, it was so touching to have our efforts and dedication acknowledged and appreciated. If you haven't already done, we'd really appreciate it if you can leave us a **testimonial** and a **Google review**.

Google reviews: Thank you for continuously supporting us, we'd really appreciate if you could take a few minutes to leave us a positive review on Google. If you've never posted a review on Google, no worries, simply type this URL on any web browser – bit.ly/alphadaynursery

Once on the page give us a star rating and write a description of your experience with us. Thanks

We have recently revised our website which will be launched on 1st of March 2023.

We are in the process of transitioning to the use of a nursery App called family app, more information will be shared with you soon.

We are happy to inform you that one of our staff members Ms Josephine (Baby room and Toddlers Room senior staff) delivered a bouncing baby Boy , mother and the entire family are all doing fine.

All our member of staff are attending relevant and updated training in order to continue expanding their knowledge and skills in the childcare sector.

Some members of our team have enrolled into higher qualification courses to qualify them in positions of leadership. This will contribute to the quality of service, teaching & experience provided by everyone in the team.

At Alpha Day Nursery we'll continue to provide one-to-one coaching and support to new members of staff and deliver relevant in-house training.

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BRUSHING YOUR CHILD'S TEETH TWICE A DAY

Helps to remove the bacteria and plaque that may cause tooth decay

Brush twice for at least 2 mins with Fluoride toothpaste especially at nighttime as the fluoride continues to protect the teeth while sleeping

Choose a toothbrush with small head and medium textured bristles

Brush thoroughly by Supporting your child to brush all surfaces of their teeth

Visit your dentist regularly, its free for all children
For more information on good oral hygiene please visit the website below.

<https://www.betterliveshealthyfuturebsw.nhs.uk>

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CHILDREN'S LEARNING



Children's learning for Autumn Term

Understanding the World:

- Make links with personal experiences and represent those in role plays.
- Explore with small world toys and construction resources.
- Able to share feelings, thoughts and worries.
- Learn about winter animals and their habitats. We'll talk about food and healthy eating.

Mathematics:

- Identifying the number of the week and relating it to objects in the environment
- Encouraged to use mathematical language for comparison. Children will explore patterns while learning colours, size and shapes.
- Will have the opportunity to sort out objects during tidy up time.
- Explore nursery rhymes and songs that incorporate numbers/quantity.

Expressive Arts & Design:

- Create artwork/crafts while exploring with a wide range of media through sensory exploration by feeling, moulding, painting, sticking, etc.
- There will be opportunities to explore with sounds, rhythms, movement and space. The children will engage in imaginative role plays.

Personal Social & Emotional Development:

- Develop positive and secure attachments and relationships with their carers and peers.
- Provided with opportunities to share and take turns.
- Supported emotionally with room transitions and transition from home/nursery.
- Encouraged to be polite, have good manners, understand and follow nursery routines, rules and boundaries.
- Will become independent with self-care skills including personal and oral hygiene.

Communication & Language:

- Develop their communication through singing songs, listening to stories, word repetition, describing and use of action words.
- Encouraged to share thoughts and ask questions. Continue to play what's in the box game both in nursery and at home.
- Will have the opportunity to develop their concentration and attention when listening to stories, being involved in "surprise bag", "what's in the box" and "bucket game".

Physical Development:

- Learn to move their bodies in different ways & develop their fine & gross motor skills by taking part in a variety of activities and games e.g yoga stretches to support children's well being.
- Encouraged to do their best individually & as a team.
- Will have the opportunity to explore with space awareness and safety when using tools during activities such as cutting, moulding, cooking, printing, threading, fixing puzzles, etc.
- Will have the opportunity to explore with a variety of messy play (feeling textures) and sensory items (that incorporate light and sound).

Literacy:

- Explore books and will be encouraged to recall /retell personal experiences.
- Explore with letters and sounds in the alphabet.
- Explore with letter formation by mark making zig zag, wave and circle lines in paint, shaving foam, paper etc.
- Develop pencil control and eye-hand coordination while making marks with a purpose (shopping list, restaurants' menu, etc).