## **Healthy Teeth**

## www.henry.org.uk

## Do you have a child Under 5?

## **Would you like to:**

- Understand the causes of tooth decay and how to prevent it.
- Get support to register with a dentist and find out what to expect for your child when you visit.
- Get some ideas to help make tooth brushing a fun time for the family.
- feel more confident about what foods and drinks are good for teeth.

6th of September 2pm – 4pm Walthamstow Children and Family Centre, Higham Hill, 313 Billet Road E17 5PX

To book your place please email: wfsupport@henry.org.uk or call: 0208 496 5223

