

HOLIDAY ACTIVITY PROGRAMME

WHAT'S ON GUIDE – SUMMER HOLIDAYS 2018



Waltham Forest

INTRODUCTION

Summer is here and in Waltham Forest we have a host of fun opportunities for you and your family to enjoy during the school holidays.

As a council we are all too aware that finding activities and the money to keep children entertained at this time of year can be a challenge. As part of the council's commitment to helping families, our Holiday Activities Programme aims to provide opportunities for all children, young people and families to take part in activities that we hope will enable hidden talents and interests to be found.

Our Summer Holiday Activities Programme offers free activities and events for all the family continuing our ever popular half day drop-in family play sessions in schools and parks. We are also continuing our

offer of exciting week long activities for 11-19 year olds. This Summer we have new things for young people to try including a week long introduction to Athletics at the Feel Good Centre, cycle maintenance workshops and all of the popular courses from last summer. In addition to this we continue to part-fund holiday schemes run by schools across the borough.

In addition to the free activities on offer, Summer Holidays are a perfect time to experience and access local parks and the Walthamstow Wetlands within the borough to enjoy the green spaces and gardens on offer.

You will find all the activities provided in schools, the 11-19 activities programme and a list of our Get Together events on the following

pages, with additional local holiday activities and childcare listed online at www.walthamforest.gov.uk/holidays

I do hope you enjoy all that Waltham Forest has to offer this Summer.



Cllr Claire Coghill

Leader,
Waltham Forest Council

EVENT AND BOOKING INFORMATION

Check the icons next to each listing to find out key event information:



Free event



Suitable for children
5-11 and families



Suitable for
11-19 year olds



Arts and crafts



Performing Arts



Booking required. To book go to
<http://wfholidayactivities.eventbrite.co.uk>



Sports



Music



No booking required,
just come along on the day



Environment



Suitable for
0-5 year olds

BE THE FIRST TO KNOW!

For further details about all family events, activities for 0-19 year olds and to find local childcare visit www.walthamforest.gov.uk/holidays

For queries please call **020 8496 3000** and ask for Waltham Forest Holiday Activity Programme.



FOLLOW US ON TWITTER

@wfcouncil

All information correct at time of print.

PLAN YOUR FAMILY'S SUMMER

WITH HUNDREDS OF EXCITING ACTIVITIES BEING DELIVERED BY LOCAL ORGANISATIONS ACROSS THE BOROUGH THIS SUMMER THERE WILL ALWAYS BE SOMETHING FUN TO DO NEAR YOU: FROM CREATING YOUR OWN CANVAS TO CIRCUS SKILLS; FILM SCREENINGS TO WATERSPORTS. TO HELP YOU PLAN YOUR SUMMER AND FIND WHAT IS BEST SUITED TO YOU WE HAVE CREATED AN INTERACTIVE ONLINE TOOL TO ENABLE YOU TO SEARCH ACTIVITIES BASED ON AGE, INTEREST AND AREA.

START YOUR SUMMER HERE:

Visit the Waltham Forest Directory to access all of the exciting activities and events taking place in Waltham Forest! www.walthamforest.gov.uk/directory



HOLIDAY CLUB PROVIDERS IN WALTHAM FOREST

If you are looking for all day childcare, there are many Holiday Clubs open across the borough during the holidays. These clubs are open all day Monday to Friday. A full list of Holiday Club providers can be found on the Holiday Activities Programme website www.walthamforest.gov.uk/holidays

Don't forget, if you use an Ofsted registered Holiday Club you can receive help with you childcare costs if you are eligible. Further information about tax credits, tax-free childcare, childcare vouchers and other support can be found at www.childcarechoices.gov.uk

WHAT'S ON AT YOUR LOCAL CHILDREN'S CENTRE FOR UNDER 5'S

Children's Centres are a great place to learn, play and enjoy. Every family with children under five in Waltham Forest is invited to register at their nearest Children's Centre to take advantage of the many services and

activities being offered. This Easter, all Children's Centres in Waltham Forest are offering an exciting range of free and chargeable activities such as baby clinics, rhyme time and parent toddler groups which can be accessed from the Waltham Forest Directory: www.walthamforest.gov.uk/directory



FAMILY FUN

5-11 YEAR OLDS



THIS SUMMER WE HAVE A WIDE RANGE OF FREE EXCITING ACTIVITIES ACROSS THE BOROUGH AVAILABLE FOR YOU TO ENJOY WITH YOUR FAMILY. THE SESSIONS WILL PROVIDE OPPORTUNITIES FOR CHILDREN TO TRY NEW ACTIVITIES AND LEARN NEW SKILLS, WHILST HAVING FUN AND MAKING NEW FRIENDS.

All sessions are led by Waltham Forest Play Workers, with specialist workshops provided by professionals from a variety of local organisations.

Most activities run for 45 minutes to enable all children to be able to try everything on offer during each session, and allow families to join at any time throughout the session.

Children aged 5 – 7 must be accompanied by an adult throughout the sessions. Children aged 8 – 11 may attend the session independently, however a parent, guardian or carer must attend the first session to complete the relevant paperwork.

“

The best part of the holiday programme was learning about different animals! We even got to hold them!

”

Details of the dates and times of these activities are on the following pages so you can plan your time throughout the summer.

Activities that are taking place over the summer include:

MOANA THEATRE WORKSHOP

Come and join Dolly Dimples on a daring mission to help Moana save her people and put the Island of Te Fiti back together again. Create flower and grass headbands and visit out tattoo station before you help us complete the quest!

ALADDIN THEATRE WORKSHOP

Step inside a 'whole new world' and discover the magic that lies within the genies lamp! Join Dolly Dimples creating your own magical lamp before embarking on a magical journey through Agrabah.

THE GREATEST SHOWMAN WORKSHOP

Help Dolly Dimples put on the greatest show this summer! Start by creating your very own top hat ready to begin an exciting journey to host being a showman. With dazzling dances and sensational singing

showing everyone will enjoy being part of the greatest show.

DREAMCATCHERS AND GRATITUDE ROCKS

Design your own dream catchers and gratitude rocks with Dolly Dimples. Once you create one of these magical dream catchers and hang it above your bed, your dreams will be about all the wonderful things in your life!

PLANT YOUR OWN BULB

Decorate your own terracotta pots and choose your own bulb to plant in soil to take home. Don't forget your "Look after me guide" to help you nurture their plants to grow into something beautiful.

PIRATE TRAINING ACADEMY

Every thought about what it takes to become a pirate? Undertake games and missions to become part of your very own crew through a pirate adventure story. Create and design your very own pirate hook or hat and you will be ready to be a pirate and find the hidden treasure.

MYTHICAL MARIONETTES

Dragon, unicorn, mermaid, werewolf...

What mythical creature will you turn into a puppet of your own? Create marionette puppets with an easy to operate string mechanism. With these marvellous creatures you can tell an exciting you can perform your very own story on E17 Puppet's mobile theatre.

THE QUEST FOR FAFNIR

Enter a world of Vikings, Dragons and Treasure on a quest to defeat the dragon. This immersive theatre experience will introduce children to puppetry and drama through play and exploration as they become a character, work as a team, training to become brave warriors, solving riddles and finding clues along the way.

MINIATURE MOVIE HEROES! SHADOW THEATRE WORKSHOP

Create a hero from your favourite film. From Star Wars to The Wizard of Oz, Moana to The Incredibles children will discover the simple yet effective world of shadow puppetry and take home their own mini-theatre.

CIRCUS SKILLS

Ever fancied joining the circus? Learn these important circus skills where experts will be on hand to teach you juggling, plate spinning, uni-cycling and many other exciting talents.

BALLOON SCIENCE

Interactive show full of spills thrills explosions and pops! Learn about chemical reactions, molecules, centripetal force all done with balloons.

SINGING WORKSHOP

Singing workshop with a singer from the stages of the West End. Step up to the microphone and sing songs from shows or in the charts!

MAGIC MASTERCLASS

Learn to do perform marvellous magic tricks with a professional magician. Beginning with a short magic show and then learn how to perform and present magic tricks.

TALENT SHOW

What talent do you have? Practice your comedy, drama, gymnastics,

singing, dance routines, magic, football, art exhibits and poetry to perform in our very own live show! With fabulous prizes to be won.

PUNCH & JUDY

Let's go to the seaside and enjoy the very best traditional Punch & Judy Show with hand carved puppets and wonderful red and white striped theatre.

BALLOON MAKING WORKSHOPS

Learn how to make balloon models, twisting and turning the balloons into some wild and wacky shapes.

TREASURE HUNT AND PIRATE DAY

Ship ahoy! We are off on a treasure hunt. Follow the clues, complete challenges and then find the treasure. Wear your best pirate outfit and win prizes on this exciting adventure.

DRAMA WORKSHOPS

Improvise scenes, create characters, play drama games and ultimately create a short performance in this drama workshop.

KUNG FU WORKSHOP

The Essex Hung Kuen Lion Dance team will teach you the Shaolin Style of Kung Fu.

LEYTON ORIENT MULTI SPORTS

Leyton Orient coaches will provide a multi-sport programme in which children can play sports including athletics, netball, basketball, uni hockey and football.

FACE PAINTING

Come and have you face painted by a local expert face painter.

MRS BUBBLES

PARTY TIME! A children's disco with lots of magic, dancing, games and thousands of bubbles!

LIZZ THE WIZZ AND MAGIC ROMAN

Brilliant interactive magic show performed by Lizz the Wizz or Magic Roman.

AFRICAN DRUMMING

A high energy session using traditional African drums, clapping, stepping, songs and other percussion

to learn catchy rhythms through the musical heritage of West Africa.

YOGA WITH AFRICAN DRUMMING

Here the rhythm of the drum meets the rhythm of yoga. A fun intro to yoga for you to learn different poses.

AFROBEAT AEROBICS

A fun fitness session to the latest highly popular Afrobeat tunes. You will learn basic dance routines as well as strengthening and stretching exercises.

AFRICAN DRUMMING WITH DANCE

Have a go on West African hand drums and learn high energy dance routines that go with the dance rhythms.

BLACK PANTHER AFRICAN MASK MAKING

Inspired by of Marvel's Black Panther, make your very own African mask with a futuristic edge.

AFRICAN STORYTELLING

Our dynamic storytellers use song, drums, percussion and voice to

enthrall and engage participants of all ages. Stories from across the continent of Africa delivered in this age-old oral tradition never fail to delight audiences.

MARTIAL ARTS

Learn the discipline of martial arts with motivational team building games.

WEST ESSEX COLTS

Learn football skills with a 3 to 5 day football camp led by qualified coaches for 8 – 11 year olds.

THE FREE DROP-IN SESSIONS WILL TAKE PLACE ACROSS 10 SCHOOLS IN WALTHAM FOREST. LOOK OUT FOR THE BANNERS AND SIGNS DIRECTING YOU TO THE ENTRANCE OF THE SESSIONS WHICH ARE USUALLY THROUGH THE PLAYGROUND GATES.

	MORNING SESSION 10AM TO 12.30PM	AFTERNOON SESSION 1.30PM TO 4PM
NORTH	Handsworth Primary School, Handsworth Avenue, E4 9PJ	St Marys RC Primary School, Station Road, E4 7BJ
CENTRAL	Chapel End Infants School, 4 Roberts Road, E17 4LS	Coppermill Primary School, Edward Road, E17 6PB
	Greenleaf Primary School, 80 Greenleaf Road, E17 6QW	Edinburgh Primary School 97 Queens Rd, E17 8QR
	Woodside Primary Academy Barrett Rd, E17 3ND	Roger Ascham Primary School Wigton Rd, E17 5HU
SOUTH	Buxton School, Terling Close, E11 3NT	George Tomlinson Primary School, Harrington Road, E11 4QN

WEEK 1

BUXTON SCHOOL

23RD JULY -
27TH JULY



DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
M	Circus Skills	Arts and Crafts	Playground Games
T	Recycled Arts	Arts and Crafts	Leyton Orient Multi Sports
W	The Quest of Fafnir	Arts and Crafts	Playground Games
Th	Singing Workshop	Arts and Crafts	Playground Games
F	Talent Show	Arts and Crafts	Playground Games

CHAPEL END INFANTS SCHOOL				
23RD JULY – 27TH JULY	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	T	Afrobeats Aerobics	Arts and Crafts	Playground Games
	W	Martial Arts	Arts and Crafts	Playground Games
	Th	Mythical Marionettes	Arts and Crafts	Playground Games
	F	Yoga with African Drumming	Arts and Crafts	Playground Games




GREENLEAF PRIMARY SCHOOL					
23RD JULY – 27TH JULY	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
	M	Meet the Animals	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	T	Plant Your Own Bulb	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	W	Yoga with African Drumming	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	Th	Moana Workshop	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	F	Tile Printing	Arts and Crafts	Leyton Orient Multi Sports	



WOODSIDE PRIMARY SCHOOL				
23RD JULY – 27TH JULY	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games
	T	Balloon Science	Arts and Crafts	Playground Games
	W	Pirate Training	Arts and Crafts	Playground Games
	Th	Recycled Arts	Arts and Crafts	Leyton Orient Multi Sports
	F	Black Panther African Marks	Arts and Crafts	Playground Games



HANDSWORTH PRIMARY SCHOOL				
23RD JULY – 27TH JULY    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Moana Workshop	Arts and Crafts	Playground Games
	T	Punch and Judy	Arts and Crafts	Playground Games
	W	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	Th	Treasure Hunt	Arts and Crafts	Playground Games
	F	Balloon Making	Arts and Crafts	Playground Games

GEORGE TOMLINSON PRIMARY SCHOOL				
23RD JULY – 27TH JULY    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Circus Skills	Arts and Crafts	Playground Games
	T	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	W	The Greatest Showman	Arts and Crafts	Playground Games
	Th	Singing Workshop	Arts and Crafts	Playground Games
	F	Talent Show	Arts and Crafts	Playground Games

COPPERMILL PRIMARY SCHOOL				
23RD JULY – 27TH JULY    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Yoga with African Drumming	Arts and Crafts	Playground Games
	T	Martial Arts	Arts and Crafts	Playground Games
	W	Making Prints	Arts and Crafts	Leyton Orient Multi Sports
	Th	Mythical Marionettes	Arts and Crafts	Playground Games
	F	Balloon Making	Arts and Crafts	Playground Games

EDINBURGH PRIMARY SCHOOL					
23RD JULY – 27TH JULY    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
	M	Meet the Animals	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	T	Afrobeats Aerobics	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	W	Martial Arts	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	Th	Dream Catchers	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	F	Face Painting	Arts and Crafts	Leyton Orient Multi Sports	

ROGER ASCHAM PRIMARY SCHOOL				
23RD JULY – 27TH JULY    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Martial Arts	Arts and Crafts	Playground Games
	T	Balloon Science	Arts and Crafts	Playground Games
	W	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games
	Th	Treasure Hunt	Arts and Crafts	Leyton Orient Multi Sports
	F	Black Panther African Marks	Arts and Crafts	Playground Games

ST MARY'S CATHOLIC PRIMARY SCHOOL				
23RD JULY – 27TH JULY    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Moana Workshop	Arts and Crafts	Playground Games
	T	Punch and Judy	Arts and Crafts	Playground Games
	W	Yoga with African Drumming	Arts and Crafts	Playground Games
	Th	Recycled Arts	Arts and Crafts	Leyton Orient Multi Sports
	F	Pirate Training	Arts and Crafts	Playground Games

WEEK 2

BUXTON SCHOOL

30TH JULY -
3RD AUGUST



DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
M	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
T	Meet the Animals	Arts and Crafts	Playground Games
W	Punch and Judy	Arts and Crafts	Playground Games
Th	Treasure Hunt	Arts and Crafts	Playground Games
F	Martial Arts	Arts and Crafts	Playground Games

CHAPEL END INFANTS SCHOOL

30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	The Greatest Showman	Arts and Crafts	Playground Games
	T	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	W	Magic Masterclass	Arts and Crafts	Playground Games
	Th	Drama Workshop	Arts and Crafts	Playground Games
	F	Talent Show	Arts and Crafts	Playground Games



GREENLEAF PRIMARY SCHOOL

30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Afrobeats Aerobics	Arts and Crafts	Playground Games
	T	Martial Arts	Arts and Crafts	Playground Games
	W	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	Th	Aladdin Workshop	Arts and Crafts	Playground Games
	F	Black Panther African Marks	Arts and Crafts	Leyton Orient Multi Sports



WOODSIDE PRIMARY SCHOOL

30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
	M	Circus Skills	Arts and Crafts	Playground Games	
	T	Mythical Marionettes	Arts and Crafts	Playground Games	
	W	Plant Your Own Bulb	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	Th	Meet the Animals	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	F	Making Prints	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)



HANDSWORTH PRIMARY SCHOOL				
30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Balloon Science	Arts and Crafts	Playground Games
	T	Black Panther African Marks	Arts and Crafts	Playground Games
	W	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games
	Th	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	F	Dream Catchers	Arts and Crafts	Playground Games



GEORGE TOMLINSON PRIMARY SCHOOL				
30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Recycled Arts	Arts and Crafts	Leyton Orient Multi Sports
	T	Moana Workshop	Arts and Crafts	Playground Games
	W	Punch and Judy	Arts and Crafts	Playground Games
	Th	Treasure Hunt	Arts and Crafts	Playground Games
	F	Martial Arts	Arts and Crafts	Playground Games



COPPERMILL PRIMARY SCHOOL					
30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
	M	African Drumming and Dancing	Arts and Crafts	Playground Games	
	T	Face Painting	Arts and Crafts	Leyton Orient Multi Sports	
	W	Magic Masterclass	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	Th	Drama Workshop	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	F	Talent Show	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)



EDINBURGH PRIMARY SCHOOL				
30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Martial Arts	Arts and Crafts	Playground Games
	T	Black Panther African Marks	Arts and Crafts	Playground Games
	W	Afrobeats Aerobics	Recycled Arts	Playground Games
	Th	Aladdin Workshop	Arts and Crafts	Playground Games
	F	Making Prints	Arts and Crafts	Leyton Orient Multi Sports



ROGER ASCHAM PRIMARY SCHOOL				
30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Circus Skills	Arts and Crafts	Playground Games
	T	Meet the Animals	Arts and Crafts	Playground Games
	W	Mythical Marionettes	Arts and Crafts	Playground Games
	Th	Recycled Arts	Arts and Crafts	Leyton Orient Multi Sports
	F	Dream Catchers	Arts and Crafts	Playground Games



ST MARY'S CATHOLIC PRIMARY SCHOOL				
30TH JULY – 3RD AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Balloon Science	Arts and Crafts	Playground Games
	T	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games
	W	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	Th	Magic Roman	Arts and Crafts	Playground Games
	F	Black Panther African Marks	Arts and Crafts	Playground Games



WEEK 3

BUXTON SCHOOL

6TH AUGUST -
10TH AUGUST



DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
M	Balloon Science	Arts and Crafts	Playground Games
T	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games
W	Fabric Printing	Arts and Crafts	Leyton Orient Multi Sports
Th	Circus Skills	Arts and Crafts	Playground Games
F	Dream Catchers	Arts and Crafts	Playground Games

CHAPEL END INFANTS SCHOOL				
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Moana Workshop	Arts and Crafts	Playground Games
	T	Meet the Animals	Arts and Crafts	Playground Games
	W	Pirate Training	Arts and Crafts	Playground Games
	Th	Recycled Arts	Arts and Crafts	Leyton Orient Multi Sports
	F	Punch and Judy	Arts and Crafts	Playground Games



GREENLEAF PRIMARY SCHOOL				
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Recycled Arts	Arts and Crafts	Playground Games
	T	The Greatest Showman	Arts and Crafts	Playground Games
	W	Circus Skills	Arts and Crafts	Leyton Orient Multi Sports
	Th	Drama Workshop	Arts and Crafts	Playground Games
	F	Talent Show	Arts and Crafts	Playground Games



WOODSIDE PRIMARY SCHOOL				
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Martial Arts	Arts and Crafts	Playground Games
	T	Brazilian Samba Drumming & Dance	Arts and Crafts	Playground Games
	W	African Drumming and Dancing	Arts and Crafts	Playground Games
	Th	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	F	Mythical Marionettes	Arts and Crafts	Playground Games



HANDSWORTH PRIMARY SCHOOL					
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
	M	Meet the Animals	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	T	Martial Arts	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	W	Recycled Arts	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	Th	Plant Your Own Bulb	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	F	Afrobeats Aerobics	Arts and Crafts	Leyton Orient Multi Sports	



GEORGE TOMLINSON PRIMARY SCHOOL				
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Balloon Science	Arts and Crafts	Playground Games
	T	African Storytelling	Arts and Crafts	Playground Games
	W	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	Th	Dream Catchers	Arts and Crafts	Playground Games
	F	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games



COPPERMILL PRIMARY SCHOOL				
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Moana Workshop	Arts and Crafts	Playground Games
	T	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	W	Brazilian Samba Drumming & Dance	Arts and Crafts	Playground Games
	Th	Circus Skills	Arts and Crafts	Playground Games
	F	Punch and Judy	Arts and Crafts	Playground Games



EDINBURGH PRIMARY SCHOOL				
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	African Drumming	Arts and Crafts	Leyton Orient Multi Sports
	T	The Greatest Showman	Arts and Crafts	Playground Games
	W	Circus Skills	Arts and Crafts	Playground Games
	Th	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	F	Talent Show	Arts and Crafts	Playground Games



ROGER ASCHAM PRIMARY SCHOOL					
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
	M	Weaving	Face Painting	Playground Games	West Essex Colts (8 - 11 years)
	T	Martial Arts	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	W	Aladdin Workshop	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	Th	Drama Workshop	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	F	Brazilian Samba Drumming & Dance	Arts and Crafts	Playground Games	



ST MARY'S CATHOLIC PRIMARY SCHOOL				
6TH AUGUST - 10TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Martial Arts	Arts and Crafts	Playground Games
	T	Meet the Animals	Arts and Crafts	Playground Games
	W	Mythical Marionettes	Arts and Crafts	Playground Games
	Th	The Quest of Fafnir	Arts and Crafts	Playground Games
	F	Face Painting	Arts and Crafts	Leyton Orient Multi Sports



WEEK 4

BUXTON SCHOOL

13TH AUGUST -
17TH AUGUST



DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
M	Plant Your Own Bulb	Arts and Crafts	Playground Games
T	Magic Masterclass	Arts and Crafts	Playground Games
W	Kung Fu Workshop	Arts and Crafts	Playground Games
Th	Meet the Animals	Arts and Crafts	Playground Games
F	Face Painting	Arts and Crafts	Leyton Orient Multi Sports

CHAPEL END INFANTS SCHOOL					
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
	M	Weaving	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	T	Lizz the Wizz	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	W	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	Th	The Quest of Fafnir	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	F	Balloon Science	Arts and Crafts	Playground Games	



GREENLEAF PRIMARY SCHOOL				
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Punch and Judy	Arts and Crafts	Playground Games
	T	Pirate Training	Arts and Crafts	Playground Games
	W	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	Th	Treasure Hunt	Arts and Crafts	Playground Games
	F	Dreamcatchers	Arts and Crafts	Playground Games



WOODSIDE PRIMARY SCHOOL				
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Singing Workshop	Arts and Crafts	Leyton Orient Multi Sports
	T	Circus Skills	Arts and Crafts	Playground Games
	W	The Greatest Showman	Arts and Crafts	Playground Games
	Th	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	F	Talent Show	Arts and Crafts	Playground Games



HANDSWORTH PRIMARY SCHOOL				
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Brazilian samba & dance session	Arts and Crafts	Playground Games
	T	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	W	African Drumming & Dancing	Arts and Crafts	Playground Games
	Th	Drama Workshop	Arts and Crafts	Playground Games
	F	Kung Fu Workshop	Arts and Crafts	Playground Games



GEORGE TOMLINSON PRIMARY SCHOOL					
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
	M	Plant Your Own Bulb	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	T	Afrobeats Aerobics	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	W	Mythical Marionettes	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	Th	Meet the Animals	Arts and Crafts	Playground Games	West Essex Colts (8 - 11 years)
	F	Tile Painting	Arts and Crafts	Leyton Orient Multi Sports	



COPPERMILL PRIMARY SCHOOL				
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	T	Aladdin Workshop	Arts and Crafts	Playground Games
	W	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games
	Th	Mrs Bubbles	Arts and Crafts	Playground Games
	F	Balloon Science	Arts and Crafts	Playground Games



EDINBURGH PRIMARY SCHOOL				
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Punch and Judy	Arts and Crafts	Playground Games
	T	Magic Masterclass	Arts and Crafts	Playground Games
	W	Pirate Training	Arts and Crafts	Playground Games
	Th	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	F	Kung Fu Workshop	Arts and Crafts	Playground Games



ROGER ASCHAM PRIMARY SCHOOL				
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Singing Workshop	Arts and Crafts	Playground Games
	T	Lizz the Wizz	Arts and Crafts	Playground Games
	W	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	Th	The Greatest Showman	Arts and Crafts	Playground Games
	F	Talent Show	Arts and Crafts	Playground Games



ST MARY'S CATHOLIC PRIMARY SCHOOL				
13TH AUGUST - 17TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	T	Circus Skills	Arts and Crafts	Playground Games
	W	Afrobeats Aerobics	Arts and Crafts	Playground Games
	Th	Drama Workshop	Arts and Crafts	Playground Games
	F	Dreamcatchers	Arts and Crafts	Playground Games



WEEK 5

BUXTON SCHOOL

20TH AUGUST -
24TH AUGUST

DAY

ACTIVITY 1

ACTIVITY 2

ACTIVITY 3

M

African Drumming & Dancing

Arts and Crafts

Playground Games

T

Arts and Crafts

Playground Games

Leyton Orient Multi Sports

W

Mythical Marionettes

Arts and Crafts

Playground Games

Th

Dreamcatchers

Arts and Crafts

Playground Games

F





Afrobeats Aerobics





Arts and Crafts

Playground Games



CHAPEL END INFANTS SCHOOL				
20TH AUGUST - 24TH AUGUST    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	T	Balloon Making	Arts and Crafts	Playground Games
	W	African Drumming & Dancing	Arts and Crafts	Playground Games
	Th	Plant Your Own Bulb	Arts and Crafts	Playground Games
	F	Meet the Animals	Arts and Crafts	Playground Games

GREENLEAF PRIMARY SCHOOL				
20TH AUGUST - 24TH AUGUST    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Mrs Bubbles	Arts and Crafts	Playground Games
	T	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games
	W	Drama Workshop	Arts and Crafts	Playground Games
	Th	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	F	Balloon Science	Arts and Crafts	Playground Games

WOODSIDE PRIMARY SCHOOL				
20TH AUGUST - 24TH AUGUST    	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Mythical Marionettes	Arts and Crafts	Playground Games
	T	Pirate Training	Arts and Crafts	Playground Games
	W	Kung Fu	Arts and Crafts	Playground Games
	Th	Punch and Judy	Arts and Crafts	Playground Games
	F	Arts and Crafts	Playground Games	Leyton Orient Multi Sports

HANDSWORTH PRIMARY SCHOOL				
20TH AUGUST - 24TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	The Greatest Showman	Arts and Crafts	Playground Games
	T	Magic Masterclass	Arts and Crafts	Playground Games
	W	Fabric Printing	Arts and Crafts	Leyton Orient Multi Sports
	Th	Circus Skills	Arts and Crafts	Playground Games
	F	Talent Show	Arts and Crafts	Playground Games



GEORGE TOMLINSON PRIMARY SCHOOL				
20TH AUGUST - 24TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	African Drumming & Dancing	Arts and Crafts	Playground Games
	T	Face Painting	Arts and Crafts	Leyton Orient Multi Sports
	W	Kung Fu	Arts and Crafts	Playground Games
	Th	Aladdin Workshop	Arts and Crafts	Playground Games
	F	Afrobeats Aerobics	Arts and Crafts	Playground Games



COPPERMILL PRIMARY SCHOOL				
20TH AUGUST - 24TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Meet the Animals	Arts and Crafts	Playground Games
	T	Mythical Marionettes	Arts and Crafts	Playground Games
	W	Plant Your Own BulbPuppets	Arts and Crafts	Playground Games
	Th	Circus Skills	Arts and Crafts	Playground Games
	F	Arts and Crafts	Playground Games	Leyton Orient Multi Sports



EDINBURGH PRIMARY SCHOOL				
20TH AUGUST - 24TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	T	Magic Masterclass	Arts and Crafts	Playground Games
	W	The Quest of Fafnir	Arts and Crafts	Playground Games
	Th	Miniature Movie Hero Puppets	Arts and Crafts	Playground Games
	F	Balloon Science	Arts and Crafts	Playground Games



ROGER ASCHAM PRIMARY SCHOOL				
20TH AUGUST - 24TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	Treasure Hunt	Arts and Crafts	Playground Games
	T	Moana Workshop	Arts and Crafts	Playground Games
	W	Arts and Crafts	Playground Games	Leyton Orient Multi Sports
	Th	Punch and Judy	Arts and Crafts	Playground Games
	F	Pirate Training	Arts and Crafts	Playground Games



ST MARY'S CATHOLIC PRIMARY SCHOOL				
20TH AUGUST - 24TH AUGUST	DAY	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3
	M	The Greatest Showman	Arts and Crafts	Playground Games
	T	Balloon Making	Arts and Crafts	Playground Games
	W	Drama Workshop	Arts and Crafts	Playground Games
	Th	Weaving	Arts and Crafts	Leyton Orient Multi Sports
	F	Talent Show	Arts and Crafts	Playground Games



FUN IN THE PARK

Come and enjoy our beautiful parks, fun play equipment, and get involved in games and activities at the Play Bus.



Why not bring the family and a picnic and make a day of it!

Park Locations and times:



PARK	TIME AND DATE	TIME AND DATE
Jubilee Park (Marsh Lane entrance), E10	Friday 3rd August - 10am - 12pm	Thursday 26th July - 2pm - 4pm
Acacia Road Play Area, E11	Friday 10th August - 10am - 12pm	
Cat hall Green (opposite E11 Leisure Centre)	Friday 17th August - 10am - 12pm	
Henry Reynolds Park, E11	Friday 24th August - 10am - 12pm	Friday 27th July - 2pm - 4pm
Thomas Gamuel Park E17	Friday 27th July - 10am - 12pm	
St James Park, E17		Friday 24th August - 2pm - 4pm
Arnett Square, (Chingford Hall) E4		Friday 17th August - 2pm - 4pm
Pimp Hall, E4		Friday 10th August - 2pm - 4pm
Higham Hill Recreation Ground E17		Friday 3rd August - 2pm - 4pm
Highams Park, E4	Thursday 26th July - 10am - 12pm	

ACTIVITIES

FOR 11-19 YEAR OLDS



ARE YOU LOOKING FOR SOME FUN ACTIVITIES TO TRY DURING THE SUMMER HOLIDAYS? THIS SUMMER WE HAVE A WIDE RANGE OF FREE EXCITING ACTIVITIES ACROSS THE BOROUGH AVAILABLE FOR YOU TO ENJOY.

The courses will provide an opportunity to learn new skills, try new activities and meet new friends.



Booking is essential on the programme so please book early to avoid disappointment.

All activities are inclusive, however if your child does have special education needs and disabilities please contact us on 020 8496 3000 so we can ensure the provider can meet the needs of your child.

**Bookings can be made here
– [http://wfholidayactivities.
eventbrite.co.uk](http://wfholidayactivities.eventbrite.co.uk)**


NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
CRICKET Leyton Wicketz CC 	11-16	Mon 23rd July to Wed 25th July Mon 30th July to Wed 1st Aug Mon 6th Aug to Wed 8th Aug Mon 13th Aug to Wed 15th Aug Mon 20th Aug to Wed 22nd Aug	Leyton Sports Ground, High Road Leyton, E10 6PY	2:30pm to 5pm	Fun cricket coaching sessions led by qualified coaches teaching bowling, batting and fielding skills as well as playing lots of matches. Participants need to bring plenty of soft drinks and wear suitable sporty clothing. During the session there will be a girls only session also running
TRAMPOLINING Inspire Trampoline Academy 	11 - 19	Mon 30th July to Fri 3rd Aug Mon 6th Aug to Fri 10th Aug	Leyton Sixth Form College, Essex Road, E10 6EQ	10am to 11:30am 11:30am to 1pm	Trampolining is a fun and exhilarating sport, from your very first lesson you can experience the thrill of flying high and experience a moment of weightlessness. As you build your confidence and strength you will learn a whole range of skills, from tuck jumps to somersaults. Whether you have trampolined before, a complete beginner or a pro, we can work with you to create new challenges and moves you have never done before. The sky is the limit. Participants will need to wear suitable clothing and bring plenty of soft drinks.

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
ATHLETICS Orion Harriers 	11-14	Tues 24th July to Wed 25th July Tues 31st July to Wed 1st Aug	Walthamstow Feel Good Centre, Chingford Road, E17 5AA	10:30am to 1:30pm	RUN IT! JUMP IT! THROW IT! LOVE IT! Participants will need to wear suitable clothing and bring plenty of soft drinks. Participants should meet at the athletics track.
SQUASH Walthamstow Squash Club 	11 - 19	Mon 23rd July to Wed 25th July Mon 30th July to Fri 3rd Aug	Walthamstow Cricket, Tennis and Squash Club, Greenway Avenue, E17 3QN	11:30am to 1pm	During the week you will be introduced to the basic skills, drills and rules of squash by professional England Squash Coaches. Though on court adapted games, you will learn to play squash at your own level. Participants will need to wear suitable clothing and bring plenty of soft drinks.
FOREST ORIENTEERING The Suntrap Centre 	11 - 16	Mon 13th Aug Tues 14th Aug	Suntrap, Church Road, High Beach, Loughton, Essex, IG10 4AJ	10:15am to 3:30pm	Route finding in Epping Forest using both signs from nature and maps & compasses. Challenge yourself to navigate the woodlands of Epping Forest on your own and not get lost! A mini bus will collect students from Chingford Railway Station at 10:15am each morning. The mini bus will return the students to Chingford Railway Station at 3:30pm Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors.

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
CANOEING, KAYAKING AND OFF ROAD BIKING The Leaside Trust 	11-16	Mon 23rd July to Fri 27th July Mon 30th July to Fri 3rd August Mon 6th Aug to Fri 10th Aug Mon 13th Aug to Fri 17th Aug Mon 20th Aug to Fri 24th Aug	The Leaside Trust, 34 Spring Lane, E5 9HQ	10am to 3:30pm	<p>Come along for a fun week of activities taking place along the River Lea. Every morning you will spend mountain biking and then in the afternoon you will spend your time canoeing and kayaking along the River Lea.</p> <p>Participants will need a packed lunch, plenty of soft drinks and wear suitable clothing for taking part in cycling and canoeing and kayaking.</p> <p>Participants will be picked up from Coppermill Field Car Park, Coppermill Lane, E17 at 10am and will be dropped back to Coppermill Field Car Park at 3:30pm.</p> <p>Participants will need to bring a spare change of clothing and be a confident cyclist.</p>
SUNTRAP OUTDOOR CHALLENGE The Suntrap Centre 	11-16	Mon 30th July Wed 22nd Aug	Suntrap, Church Road, High Beach, Loughton, Essex, IG10 4AJ	10:15am to 3:30pm	<p>A mystery package of fun, outdoor challenges to test your resilience, team work and bravery! Tower building, swamp crossing, rope balancing, animal handling and many more.</p> <p>A mini bus will collect students from Chingford Railway Station at 10:15am each morning. The mini bus will return the students to Chingford Railway Station at 3:30pm</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors.</p>


NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
ANGLING Walthamstow Angling Academy 	11 - 18	Thurs 2nd Aug to Fri 3rd Aug Thurs 9th Aug to Fri 10th Aug Thurs 16th Aug to Fri 17th Aug Thurs 23rd Aug to Fri 24th Aug	Walthamstow Reservoirs, Forest Road, N17 9HN	10am – 11am 11am – 12pm 12pm – 1pm 1pm – 2pm	Learn to fish with Fishing London. Get started on your fishing career and learn a new life skill. You will learn how to set up, find, catch and safely release your first fish. Participants will need to bring plenty of soft drinks and wear suitable clothing.
BOXING BMBA 	11 – 19	Thurs 26th July Thurs 2nd Aug Thurs 9th Aug Thurs 16th Aug Thurs 23rd Aug	Leyton Sports Ground, High Road Leyton, E10 6PY	12pm – 1pm (Girls only 11 – 19 year olds) 1pm – 2pm (11 – 14 year olds) 2pm – 3pm (15- 19 year olds)	Come and try non contact boxing sessions taught by qualified coaches. Participants will be provided with all equipment Participants need to bring plenty of soft drinks and wear suitable sporty clothing.


NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
BEGINNERS CYCLING COG Cycling 	11 - 19	Mon 23rd July to Fri 27th July Mon 30th July to Fri 3rd Aug Mon 6th Aug to Fri 10th Aug Mon 13th Aug to Fri 17th Aug Mon 20th Aug to Fri 24th Aug	Higham Hill Hub, Hecham Road, E17 5QT	10am to 12pm	Come along to cycle sessions where you can learn new skills and develop yourself as a rider. Participants are welcome to bring their own bike and safety wear, however spares are available.
INTERMEDIATE CYCLING COG cycling 	11 - 19	Mon 23rd July to Fri 27th July Mon 30th July to Fri 3rd Aug Mon 6th Aug to Fri 10th Aug Mon 13th Aug to Fri 17th August Mon 20th Aug to Fri 24th Aug	Higham Hill Hub, Hecham Road, E17 5QT	12pm to 2pm	Come along to cycle sessions where you can learn new skills and develop yourself as a rider. Participants are welcome to bring their own bike and safety wear, however spares are available.



NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
CYCLE WORKSHOP COG cycling 	11 - 19	Mon 23rd July to Fri 27th July Mon 30th July to Fri 3rd Aug Mon 6th Aug to Fri 10th Aug Mon 13th Aug to Fri 17th Aug Mon 20th Aug to Fri 24th Aug	Higham Hill Hub, Hecham Road, E17 5QT	2pm – 4pm	Come along to cycle sessions where you can learn how to look after your cycle. Participants are welcome to bring their own bike and safety wear, however spares are available.




NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
ANIMAL ACADEMY The Suntrap Centre 	11 – 14	Mon 23rd July to Tue 24th July Thurs 2nd Aug to Fri 3rd Aug Mon 6th Aug to Tues 7th Aug Mon 20th Aug to Tues 21st Aug	Suntrap, Church Road, High Beach, Loughton, Essex, IG10 4AJ	10:15am – 3:30pm	<p>Our animal academy will give you the chance to get hands on with the amazing animals we have here at Suntrap, as well as learning about animals which live in the different habitats of Epping Forest. Learn how to care for our rabbits and chickens, and get really up close and personal with our salamanders, snakes, bearded dragon and lots more species.</p> <p>A mini bus will collect students from Chingford Railway Station at 10:15am each morning. The mini bus will return the students to Chingford Railway Station at 3:30pm</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
BUSHCRAFT The Suntrap Centre 	11 - 14	Wed 25th July to Fri 27th July Wed 15th Aug to Fri 18th Aug	Suntrap, Church Road, High Beach, Loughton, Essex, IG10 4AJ	10:15am – 3:30pm	<p>Come and spend a fun three days learning the art of Bushcraft. You will spend 3 days in Epping Forest lighting fires, discovering wild foods, making food my camp fire and building you very own shelter.</p> <p>A mini bus will collect students from Chingford Railway Station at 10:15am each morning. The mini bus will return the students to Chingford Railway Station at 3:30pm</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors.</p>
FOREST SURVIVAL The Suntrap Centre 	11 - 16	Wed 8th Aug Tues 21st Aug	Suntrap, Church Road, High Beach, Loughton, Essex, IG10 4AJ	10:15am – 3:30pm	<p>Have you got what it takes to survive on a desert island? Can you build a shelter to protect yourself, light a fire if you have no matches?</p> <p>A mini bus will collect students from Chingford Railway Station at 10:15am each morning. The mini bus will return the students to Chingford Railway Station at 3:30pm</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothing for spending the day outdoors</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
SECOND ACT: THEATRE AND ART ACTIVISM MASTERCLASS E17 Puppet 	11 - 16	Mon 30th July to Thurs 2nd Aug	Walthamstow Quaker Meeting House, 1a Jewel Road, Walthamstow, E17 4QU	10am - 3pm	<p>A 4-day course exploring art's role in social campaigning for justice and equality. Using scenes from our latest production 'The Vote', young people will discover the role of art in activism/civic engagement, and how many of the civil liberties enjoyed today were won by 'everyday' people who just believed in better. Participants will create visual and performance art to share issues they feel passionate about, empowering them to engage in civic life and make a difference in their communities. Providing accreditation and sufficient staffing levels to ensure individual support/attention this masterclass offers both guaranteed quality and value for money.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>




NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
MUSIC PRODUCTION MVP Workshops 	11 - 16	Mon 6th Aug to Fri 10th Aug	Big Creative Training Campus, BCT Uplands House, Walthamstow, E17 5QJ	10am - 3pm	<p>Come and learn the basics of music production and industry standard production techniques, using Logic X and a professional recording studio. During the course you will develop the skillset to create individual or group productions. At the end of the week you will contribute to the final music video.</p> <p>Participants will need to bring a packed lunch.</p>
MULTI SPORTS Leyton Orient Trust 	11 - 18	Mon 30th July to Fri 3rd Aug Mon 13th Aug to Fri 17th Aug	The Score Centre, 100 Oliver Rd, Leyton, E10 5JY	10am – 3pm	<p>Come and take part in a fun packed week of sports including athletics, badminton, basketball, beach volleyball, cricket, futsal, handball, netball and tennis. During the day expert and friendly staff will provide an exciting programme of sports for you to take part in.</p> <p>Participants need to bring a packed lunch and plenty of water. Loose fitting t-shirts, shorts and track suit bottoms are most suitable.</p>



NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
FOOTBALL CAMP Leyton Orient Trust 	11 - 18	Mon 23rd July to Fri 27th July Mon 6th Aug to Fri 10th Aug	The Score Centre, 100 Oliver Road, Leyton, E10 5JY	10am – 3pm	<p>Are you interested in improving your football skills and match day performance? During the summer you can join Leyton Orient Trust and Academy Staff for a week of a fun football camp. During the morning sessions you will join training session and take part in team games in the afternoon.</p> <p>During the week Leyton Orient Academy staff will be invited to be involved and add in their expertise. There will also be the opportunity to visit the stadium and meet some players and coaching staff.</p> <p>Participants need to bring packed lunch, plenty of soft drinks. Participants should wear suitable clothing and wear outside moulded football boots and shin pads – sun hat and sun cream are required.</p>



NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
SPORTS AWARD Leyton Orient Trust 	13 - 18	Mon 23rd July to Fri 27th July (13 – 16 year olds) Mon 6th Aug to Fri 10th Aug (16 – 19 year olds)	The Score Centre, 100 Oliver Rd, Leyton, E10 5JY	10am – 3pm	<p>A fantastic opportunity to gain a Level 1 accredited course that will introduce you to the basics of running multi sports sessions for primary age children. .</p> <p>During the week you will complete 6 units including communication skills, leading sports sessions, running event and tournaments. You will complete the award with a two hour work placement with the Trust.</p> <p>Participants will need to bring a packed lunch, plenty of soft drinks and wear suitable clothes for the programme.</p>
BUSINESS 4 LIFE: YOUNG ENTREPRENEURS MASTERCLASS Wipers Youth 	11 - 19	Wed 1st Aug to Thurs 2nd Aug Wed 8th Aug to Thurs 9th Aug	Frederick Bremer School, Siddeley Rd, Walthamstow, London E17 4EY (Wed 1st Aug to Thurs 2nd Aug) The Vestry Hall, The Green, E4 7ER (Wed 8th Aug to Thurs 9th Aug)	10am to 12:30pm (11 – 15 year olds) 1pm to 3pm (16 – 19 year olds)	<p>A creative and innovative fun-filled two day workshop for young people interested in starting their own business.</p> <p>The workshops involve fun interactive games and activities that will give participants a basic understanding in starting and running a business.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
WESTENDERS Dolly Dimples 	11 - 16	Mon 23rd July to Fri 27th July	Winchester Methodist Church Hall, Winchester Road, Highams Park, E4 9JP	10am – 3pm	<p>Bringing the West end to the East end! Each day of the week a performer from the West End will come to teach a snippet from a West End Show they have performed in. This includes Dancing, Singing and Acting. At the end of the week we will invite friends and family in to watch the performances on the big stage.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>
BADMINTON Black Arrows Badminton 	11 - 19	Mon 23rd July to Fri 27th July	Leyton Cricket Ground, High Road Leyton, E10 6PY	10am – 12pm	<p>Come and try Badminton. Sessions led by qualified coaches.</p> <p>Participants need to bring plenty of soft drinks and wear suitable sporty clothing.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
FUTSAL Forest Crusader Futsal 	11 - 16	Mon 6th Aug to Fri 10th Aug Mon 13th Aug to Fri 17th Aug	Leyton Cricket Ground, High Road Leyton, E10 6PY	10am – 11am (11 – 14 year olds) 11am – 12pm (15 – 19 year olds)	Futsal is an exciting, fast-paced small sided football game that is widely played across the world. It places a large emphasis on technical skill in high pressure, and so is an excellent breeding ground for football competencies that can be translated into the 11-a-side game.
MAKING IT MINDFUL Dolly Dimples 	11 - 16	Mon 30th July to Fri 3rd Aug	Murray's Studio, 1 Salisbury Road, Chingford, E4 6TA	10am – 3pm	'Making in it Mindful' is a self discovery workshop designed for children to learn new skills in a non judgement relaxing environment. Suitable for all children, especially those that suffer with anxiety and low self-esteem. Meditation, Yoga, Mindful movement and Role play will be incorporated including lots of fun team building games. At the end of the week Parents will come in to watch/ take part in a short workshop put on by the students. Children will teach and talk about things they have learnt in the week. Participants will need a packed lunch and plenty of soft drinks.

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
SINGING AND SONG WRITING MVP Workshops 	11 - 16	Mon 30th July to Friday 3rd Aug	Big Creative Training Campus, BCT Uplands House, Walthamstow, E17 5QJ	10am - 3pm	<p>Learners will learn the basics and history of song writing/ singing and industry standard techniques. They will develop the skillset and create individual comics. Come and create the artwork for the final productions. Learners will contribute to the final production by writing lyrics and recording vocals.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>
BASKETBALL 	11 - 16	Mon 13th Aug to Fri 17th Aug	Leyton Cricket Ground, High Road Leyton, E10 6PY	1pm – 2:30pm	<p>Come along and learn and improve your skills. Enjoy training and playing games.</p> <p>Participants will need to wear suitable clothes and bring plenty of soft drinks.</p>
HOCKEY Waltham Forest Hockey Club and Forest Flyers 	11 - 19	Mon 13th Aug to Fri 17th Aug	Walthamstow Academy, Billet Road, E17 5DP	10am – 11:30am	<p>Want to try hockey? Come along to learn new skills or to develop your stick skills and match-practice</p> <p>Participants will need to wear astro trainers (or any trainers with good grip), shin pads and a gum shield. For those new to Hockey, hockey sticks will be available</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
GRAFFITI ARTS MVP Workshops 	11 - 16	Mon 13th Aug to Fri 17th Aug	Big Creative Training Campus, BCT Uplands House, Walthamstow, E17 5QJ	10am - 3pm	<p>Want to learn how to create graffiti pieces of art? Want to learn the cultural influences of graffiti? How about spraying a wall with your favourite colours and creating your very own tag?</p> <p>You will learn spray-painting techniques, teamwork, drawing and concept skills. Learners will create their own tag and be introduced to the history of graffiti arts.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>
LIGHTS, CAMERA AND ACT Dolly Dimples 	11 - 16	Mon 13th Aug to Fri 17th Aug 2018	Winchester Methodist Church Hall, Winchester Road, Highams Park, E4 9JP	10am – 3pm	<p>Children will get a chance to learn acting to camera techniques whilst creating their own soap opera, adverts, recreate scenes from famous films, present their own TV shows and 25 even star in their own music video. An extremely fun workshop where children get to create their own work as well as working from script. A professional crew will edit the children's work to be premiered on the last day. Parents and guardians are invited to watch the work premiered on the big screen and each parent receives a copy of their work to keep.</p> <p>Participants will need a packed lunch and plenty of soft drinks.</p>

NAME	AGE	DATES	ADDRESS	TIME	DESCRIPTION
ACTING UP Dolly Dimples 	11 - 16	Mon 20th Aug to Fri 24th Aug	Winchester Methodist Church Hall, Winchester Road, Highams Park, E4 9JP	10am – 3pm	<p>We will be looking at scenes from up and coming play writes and published plays to create a unique performance. Prepare for laughter, tears and everyday work! Children will be able to explore different genres and work on building different characters. Parents will be entertained with a variety of plays at the end of the week. Acting Up will be for ages 13-19 years. A more mature workshop that welcomes beginners but also challenges our current students that want to take their acting a bit more seriously. We will also be giving new play writes a chance for their work to be directed 26 and performed.</p> <p>Participants will need to bring a packed lunch and plenty of soft drinks.</p>
GRAPHIC DESIGN MVP Workshops 	11 - 16	Mon 20th Aug to Fri 24th Aug	Big Creative Training Campus, BCT Uplands House, Walthamstow, E17 5QJ	10am - 3pm	<p>Do you want to learn how to make comic books? Want to team up with your friends and take cool pictures? Want to learn how to edit them with the latest software?</p> <p>You will learn key skills using latest graphic editing software. Learners will gain story telling skills, as well as character development techniques. Learners will leave the course with their very own comic book.</p>

Waltham Forest is fortunate in having many beautiful parks, open spaces and well equipped play areas. We have libraries offering activities and help to access Council services, up to the minute leisure centres and places to visit.

Parks and open spaces

As well as being the perfect green space for a leisurely stroll or a picnic, our parks are host to football, tennis and cricket matches, skateboarding and cycling events, summer festivals and a range of free fitness classes.

www.walthamforest.gov.uk/parks

Libraries

Waltham Forest libraries offer a whole programme of events and activities for all ages. You can also get help and advice from Council staff on all council services at our Four Library Plus branches. **www.walthamforest.gov.uk/libraries**

Leisure Centres

Waltham Forest boasts five leisure centres offering every facility from swimming pools, teaching pools, water flumes, saunas, well equipped fitness gyms, studios and sports halls. **www.better.org.uk/walthamforest**

Vestry House Museum

Vestry House Museum presents themed displays that capture the unique heritage of the local area plus an exciting and varied programme of activities and events for all ages, many of which are free. **www.walthamforest/vhm**

William Morris Gallery

Situated in the grounds of the beautiful Lloyd Park, William Morris Gallery offers new exhibitions, a year round programme of events, learning resources and creative projects for all ages. **www.wmgallery.org.uk**

Walthamstow Wetlands

Walthamstow Wetlands is London's largest urban wetland and has something for everyone. You can enjoy some peace and calm, observe wildlife, learn how London's water is delivered, walk, fish, run, cycle or enjoy the hospitality of the Visitor Centre and Café situated in the Engine House. **www.walthamstowwetlands.com**

Suntrap Forest Education Centre

Seven acres of field and garden managed as mini habitats means there is a lot to discover at the Suntrap Forest Education Centre. With a variety of events available for all ages everyone can go on a family adventure.

www.suntrapcentre.weebly.com