



Get ready for NDNA's week of health and happiness...

Healthy Body, Happy Me 2017

Monday

27
March

SMELLY MONDAY

Take part in the great big smelly safari, explore sensory socks and learn about sneezing!



Tuesday

28
March

TASTY TUESDAY

Encourage children to explore their sense of taste, sample fruit and try egg experiments.



Wednesday

29
March

WATCHFUL WEDNESDAY

Create colour light boxes, role play an optician and spend face time with babies to explore sight.



Thursday

30
March

LISTENING THURSDAY

Go on a listening walk in the community, get moving with instruments and play with sound.



Friday

31
March

FEELING FRIDAY

Get outdoors and explore the natural environment through touch, plus play with sensory boxes.

