



Remember what's important! Be together,  
play together, talk together.

A challenge a day

Week 5



# The Wonders of Elder

Elder is a common, woodland and hedgerow tree, easily spotted out and about

# Whittling with elder wood



## Equipment needed

Clippers, Elder wood lengths about a finger thick, vegetable peeler, blunt ended tent peg & string or colourful wool



## Practice peeling

Practice peeling elder wood bark on a carrot first, downwards, away from your body on to a hard surface



## Clip wood

to length required

<https://richardirvine.co.uk/2017/01/elder1/>



## Peel the outside

to create a pattern



**Pith**- the central pith can be pushed out with the blunt tent peg

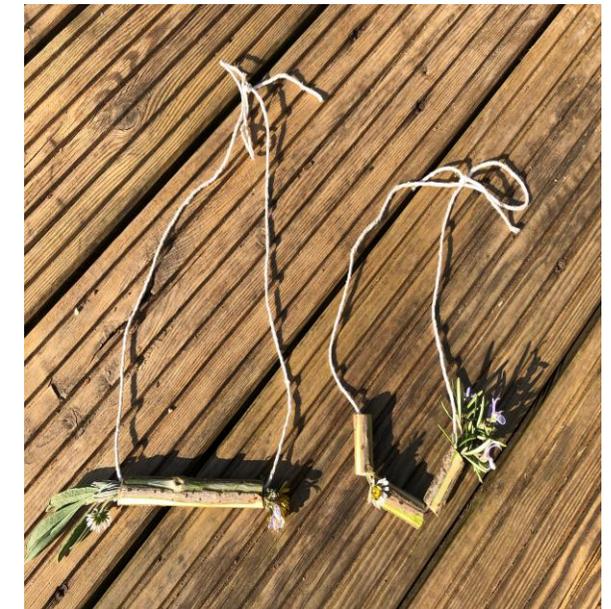


## Push out the pith

Remember to push downward and away from yourself



**Sizes** clip to required size before pushing out the pith



**Decorate** with your choice of plant cuttings



<https://www.rivercottage.net/recipes/elderflower-cordial>



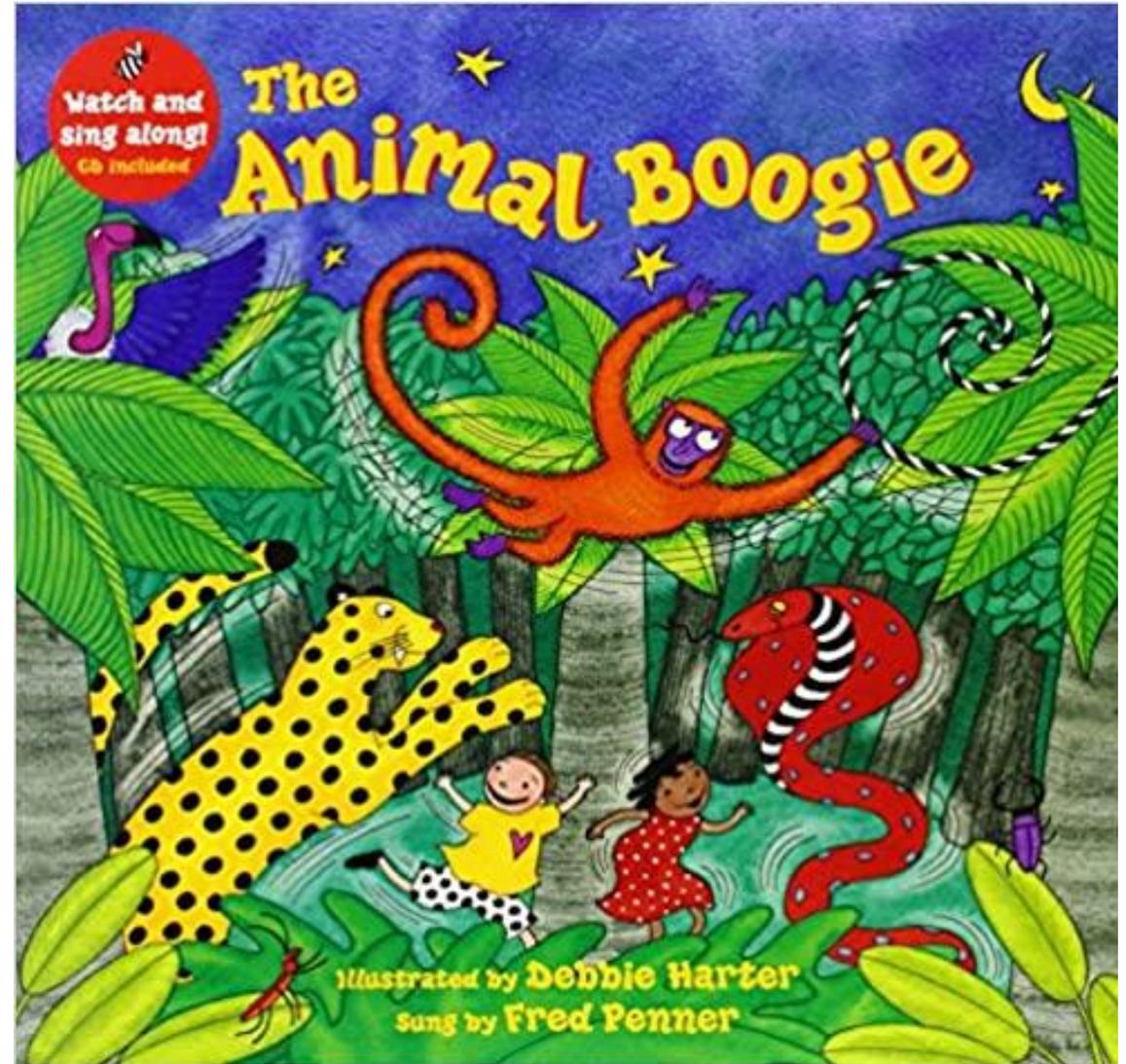
<https://www.bbcgoodfood.com/howto/guide/berry-bonanza>



Elderberries are only to be eaten once cooked

# The Animal Boogie by Debbie Harter

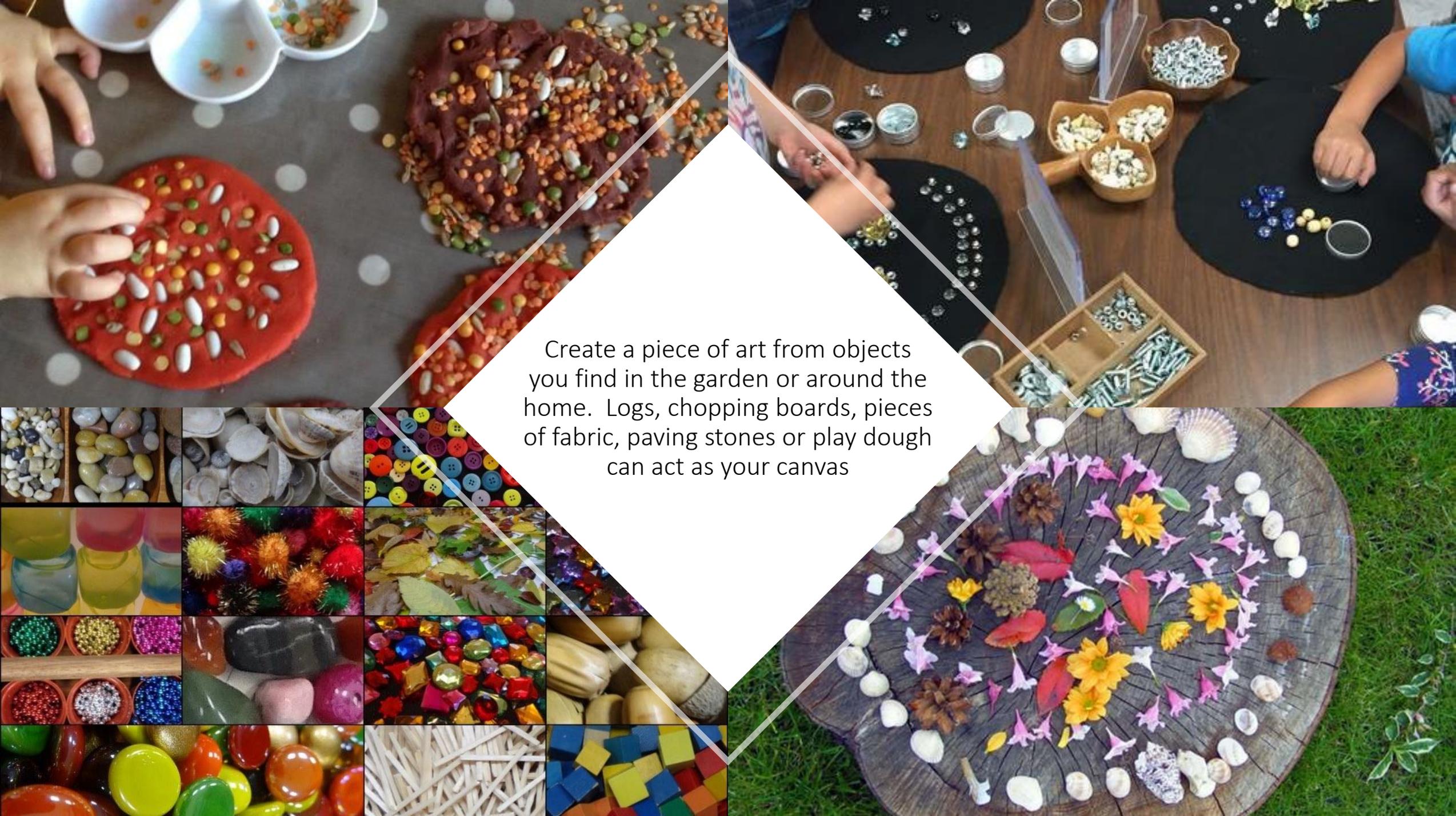
- Listen to the story together  
[https://www.youtube.com/watch?v=25\\_u1GzruQM&feature=youtu.be](https://www.youtube.com/watch?v=25_u1GzruQM&feature=youtu.be)
- Join in with the singing and actions
- Can you talk about your favourite animal from the story?
- Where else could you have an animal boogie
- Which animal would you invite to the animal boogie? Can you draw it? Label it?



# The Magic Cup Game

- Place three identical, plastic cups in a line on the table, rim down.
- Place a pom pom or small rubber ball under one cup, allowing your child to see which cup the pom pom/ball is under.
- Shuffle the cups around by sliding them across the table, switching their positions quickly back and forth and all around.
- Once you have stopped moving the cups ask your child to identify which cup the ball is now under.





Create a piece of art from objects you find in the garden or around the home. Logs, chopping boards, pieces of fabric, paving stones or play dough can act as your canvas



Songs, rhymes, sharing books or just hearing your voice, in your language –  
**Soothes,**  
**Develops brains, understanding and language**



[//www.wordsforlife.org.uk/twinkle-twinkle-little-star](http://www.wordsforlife.org.uk/twinkle-twinkle-little-star)



<https://hungrylittleminds.campaign.gov.uk/>



# Mathletics

- Can you do 10 jumps, 9 hops, 8 skips, 7 star jumps .....
- Can you think of other ways to move?

# BBC Bitesize. Early years resources for learning at home

Explore areas of learning in the Early Years Foundation Stage including maths, expressive arts and design, knowledge and understanding of the world.

Have a look at the wellbeing and involvement section below. Try the interactive first day at school game.

- **Wellbeing and development**
- [Personal Development and mutual understanding \(PDMU\)](#) - A collection of 17 films featuring puppets Pip and Declan to help children understand their feelings and emotions and how they can keep healthy and safe.
- [My first day at school](#) - A great game to play with your child and walk them through their first day at school.
- [Starting Primary School](#) - Support and resources for parents to help prepare your little ones take the first big step into Primary School.
- [Teach: feeling better](#) - A collection of clips presented by Dr Radha Moghil that explore feelings and emotions, as well as providing talking points and tools to feel better.