

ACTIVITIES FOR UNDER 2'S

ACTIVITY ONE

Very young children are not often able to focus on activities for any length of time, so below you will find activities tried and tested activities that Kidz Kabin staff have done with children successfully.

Rice/and or Lentil Activity

You will need:

2 large mixing bowls (or washing up bowls)

Different size cups or pouring jugs

Small and large spoons

Rice

Lentils

Pasta



Activity

Pour the dried pasta, lentils or and rice into a bowl.

Use your hands to lift it up and let it fall back into the bowl.

Listen to the sound it makes and talk about the movement as it falls from your hands.

Use words such as: *dry, small, up, down, touch, feel, orange lentils, white rice, etc, spoon, cup, jug, pour*

Transfer the dry ingredients from bowl to bowl or cup to cup, jug to jug, etc. by pouring, scooping or just spooning from one utensil to another.

Fill the cup to the top, half full, or just one spoon of rice or lentils.

Talk about what you are doing. Listen to the sounds the rice, etc makes when you shake it.