**Tooth brushing songs**

*Fun ways to encourage brushing*

**To the tune of “*Row, Row, Row Your Boat*”**

Brush, brush, brush your teeth

Gently round your gums.

Merrily, merrily, merrily, merrily,

Brushing is such fun!!

Brush, brush, brush your teeth

Brush them every day.

Don’t forget to brush them all

To keep the germs away!

**To the tune of “*This is the way we brush our teeth*”**

This is the way we brush our teeth,

Brush our teeth, brush our teeth.

Gently, gently, round and round,

To keep them white and clean

You will have a pretty smile,

Pretty smile, pretty smile.

You will have a pretty smile,

Because you brushed your teeth.

**To the tune of “Twinkle, Twinkle, Little Star”**

Got my toothpaste, got my brush

I won’t hurry, I won’t rush.

Making sure my teeth are clean

Front and back and in between.

When I brush for quite a while

I will have a happy smile!

\*sing to the tune of ‘If you’re happy and you know it’\*

I brush my teeth twice a day, everyday

I brush my teeth twice a day, the right way

I brush my teeth twice a day and the monsters stay away

I brush my teeth and very healthy they do stay.

Eating sugar makes my teeth feel very sad

Lots of sugar makes my teeth get really mad

Chocolates and sweets are the monsters’ favourite treat

But my teeth and I like healthy snacks to eat.

I see my dentist at least once every year,

It’s not scary and there’s nothing to fear,

I open my mouth really wide so the monsters cannot hide

And the dentist helps me keep a happy smile***.***