

AUTUMN TEA MENU WEEK 1

MONDAY

Main: Fish fingers with baked beans and toast

Desert: Flapjack with raisins

TUESDAY

Main: Tomato and lentil soup served with fresh bread

Desert: Fresh Fruit

WEDNESDAY

Main: Macaroni cheese with salad

Desert: Natural Yoghurt & Honey

THURSDAY

Main: Wraps with a variety of assorted fillings; cheese, tuna, egg mayo served with cucumber and tomatoes

Desert: Fruit cupcakes

FRIDAY

Main: Spanish Tortilla with salad

Desert: Fresh Fruit

Alternatives will be offered to cater for all dietary requirements and allergies

Fresh Fruit available each day during snack and meal times consisting of fruits such as banana, kiwi, apples, oranges, grapes, blueberries, melon, pears

AUTUMN TEA MENU WEEK 2

MONDAY

Main: Mini pizzas served with carrot and cucumber sticks

Desert: Banana Bread

TUESDAY

Main: Beans on toast with cucumber and pepper sticks

Desert: Natural Yoghurt & Fruit Puree

WEDNESDAY

Main: Vegetable soup served with fresh bread

Desert: Fresh Fruit

THURSDAY

Main: Cheesy Pasta with Leeks

Desert: Flapjack

FRIDAY

Main: Veggie Burgers with homemade coleslaw

Desert: Fresh Fruit

Alternatives will be offered to cater for all dietary requirements and allergies

Fresh Fruit available each day during snack and meal times consisting of fruits such as banana, kiwi, apples, oranges, grapes, blueberries, melon, pears

AUTUMN TEA MENU WEEK 3

MONDAY

Main: Jacket potato with beans and cheese

Desert: Fruit Cake

TUESDAY

Main: Ratatouille served with cheese and onion muffins

Desert: Fresh Fruit

WEDNESDAY

Main: Butternut Squash and lentil soup served with fresh bread

Desert: Natural Yoghurt and honey

THURSDAY

Main: Spaghetti Carbonara with a mushroom sauce

Desert: Fresh Fruit

FRIDAY

Main: Smoked salmon and cream cheese bagels served with cucumber and tomatoes

Desert: Apple and cinnamon cake

Alternatives will be offered to cater for all dietary requirements and allergies

Fresh Fruit available each day during snack and meal times consisting of fruits such as banana, kiwi, apples, oranges, grapes, blueberries, melon, pears

AUTUMN TEA MENU WEEK 4

MONDAY

Main: Vegetable Soup served with fresh bread

Desert: Natural yoghurt and honey

TUESDAY

Main: Bean and vegetable enchiladas

Desert: Fresh Fruit

WEDNESDAY

Main: Broccoli and Cauliflower cheese served with herby fresh bread

Desert: Fresh Fruit

THURSDAY

Main: Filled tortellini pasta in a tomato sauce

Desert: Fresh Fruit

FRIDAY

Main: Cheese and Onion Quiche served with salad

Desert: Dried fruit cookie

Alternatives will be offered to cater for all dietary requirements and allergies

Fresh Fruit available each day during snack and meal times consisting of fruits such as banana, kiwi, apples, oranges, grapes, blueberries, melon, pear