**SUMMER MENU WEEK 1**

**MONDAY**

Main: Vegetarian Sausage and wholemeal rice, with peas, carrots and onion gravy

Desert: Homemade apricot flapjacks and clementines

**TUESDAY**

Main: Pasta and tomato sauce with broccoli and sweetcorn, served with grated cheese

Desert: Ice-cream and tinned peaches

**WEDNESDAY**

Main: Mediterranean Code in a tomato sauce, with peppers and roast potatoes

Desert: Yoghurt and Fruit Puree

**THURSDAY**

Main:  Stir Fried Vegetables with vegan quorn, served with noodles

Desert: Bananas and Apples

**FRIDAY**

Main: Salmon pasta bake with peas and cheese

Desert: Coconut Cake

 **Alternatives will be offered to cater for all dietary requirements and allergies**

Fresh Fruit available each day during snack and meal times consisting of fruits such as banana, kiwi, apples, oranges, grapes, blueberries, melon, pears

**SUMMER MENU WEEK 2**

**MONDAY**

Main: Vegetarian Spaghetti Bolognese with Sweetcorn

Desert: Homemade Banana Cake with custard

**TUESDAY**

Main: Fisherman’s pie with peas and sliced tomatoes

Desert: Fruit Salad with natural yoghurt

**WEDNESDAY**

Main: Freshly baked Pizza with sweet cucumber spears and salad

Desert: Stewed Apple and Ice-cream

**THURSDAY**

Main: Vegetarian Sausages with mashed potato, seasonal vegetables and onion gravy

Desert: Cinnamon and Apple Cake

**FRIDAY**

Main: Spinach and cheese muffins and vegetarian nuggets, served with rice, peas and sweetcorn

Desert: Fresh Fruit Salad

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Fresh Fruit available each day during snack and meal times consisting of fruits such as banana, kiwi, apples, oranges, grapes, blueberries, melon, pears

**SUMMER MENU WEEK 3**

**MONDAY**

Main: Vegetarian Lasagne served with garlic bread and salad

Desert: Apricot Cobbler served with custard

**TUESDAY**

Main: Jacket Potatoes served with assorted fillings of tuna and mayonnaise, baked beans, grated cheese. Served with salad

Desert: Natural Yoghurt with fruit puree

**WEDNESDAY**

Main:Tuna pasta bake served with grated cheese

Desert: Seasonal Fruit Salad

**THURSDAY**

Main: Vegetarian Sausages with rice, broccoli and mixed peppers

Desert: Apple Cake and Yoghurt

**FRIDAY**

Main: Macaroni Cheese with salad

Desert: Fruit Crumble and Ice-Cream

**Alternatives will be offered to cater for all dietary requirements and allergies**

Fresh Fruit available each day during snack and meal times consisting of fruits such as banana, kiwi, apples, oranges, grapes, blueberries, melon, pears

**SUMMER MENU WEEK 4**

**MONDAY**

Main: Baked Salmon in a tomato sauce, served with rice and vegetables

Desert: Fresh Fruit and Natural Yoghurt

**TUESDAY**

Main: Macaroni Cheese with Salad

Desert: Lemon Drizzle cake or Fresh Fruit

**WEDNESDAY**

Main:**Vegetarian Sausage Casserole served with pasta and seasonal vegetables**

Desert: Coconut sponge cake with Jam centre

**THURSDAY**

Main: Quorn fillets with tzatziki dip, served with sweet potato fried, cucumber, tomato and celery sticks

Desert: Fresh fruit puree with shortbread biscuits

**FRIDAY**

Main: Pasta with tomato and cheese, served with tuna and sweetcorn

Desert: Homemade Carrot Cake

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Fresh Fruit available each day during snack and meal times consisting of fruits such as banana, kiwi, apples, oranges, grapes, blueberries, melon, pears