

# Little Rainbow Nursery

## Nappy Changing Procedure

- Make sure that you have all the child's equipment (clean nappy, wipes, cream etc)
- Put on protective gloves and an apron
- Lay the child on the changing table and fasten the straps
- Undo/remove the child's clothes as necessary
- Take off the wet/soiled nappy
- Clean the child's bottom thoroughly (remembering to wipe from front to back)
- Apply a thin layer of nappy cream to the child's bottom (when needed)
- Put on the clean nappy and dress the baby
- Put the soiled nappy in a nappy sack and dispose of it in the yellow bin
- Dispose of your latex gloves in the yellow sack
- Spray the changing table with disinfectant spray and wipe it clean
- Wash your hands thoroughly
- Record the nappy change on the record chart
- Make sure intimate care routines do not take place behind closed doors

This policy was adopted on: April 2021

Date for review; April 2022