

### Exclusion Periods for Health Protection

Infection	Exclusion Period	Comments
Athlete's Foot	None	Treatment is recommended
Chicken Pox	5 days from onset of rash and all lesions have crusted over	Please inform the nursery of a confirmed case as soon as possible
Cold Sores (Herpes Simplex)	None	Avoid kissing and contact with the sores
Conjunctivitis	None	
Diarrhoea and Vomiting	Whilst symptomatic and 48 hours after the last symptoms	Ensure child is kept hydrated
Diphtheria*	Exclusion essential	Advice will be sought from HPT, family contacts must be excluded until cleared to return by HPT, preventable by vaccination
Flu (Influenza)	Until recovered	
Glandular Fever	None	
Hand, Foot and Mouth	None	Exclusion may be considered in some circumstances
Head Lice	None	Treatment recommended only when live lice seen
Hepatitis A*	Exclude until 7 days after the onset of jaundice or 7 days after symptom onset if not jaundice	
Hepatitis B*, C* and HIV	None	These are blood borne viruses that are not infectious through casual contact.
Impetigo	Until lesions have crusted/healed or 48 hours after starting antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period
Measles*	4 days from onset of rash and recovered	Preventable by vaccination (2 doses of MMR), pregnant contacts should seek advice for GP

Meningococcal meningitis*/septicaemia*	Until recovered	Meningitis ACWY and B are preventable by vaccination
Meningitis* due to other bacteria	Until recovered	Hib and pneumococcal meningitis are preventable by vaccination
Meningitis viral*	None	
MRSA	None	
Mumps	5 days after onset of swelling	Preventable by vaccine (2 doses of MMR)
Ringworm	Not usually required	Treatment is needed
Rubella (German measles)	5 days from onset of rash	Preventable by vaccine (2 doses of MMR)
Scarlet fever	Exclude until 24 hours of appropriate antibiotic treatment completed	A person is infectious for 2-3 weeks if antibiotics are not administered
Scabies	Can return after first treatment	Household and close contacts require treatment at same time
Slapped cheek/Fifth disease/Parvo virus/B19	None (once rash has developed)	Pregnant contacts of case should consult with their GP or midwife
Threadworms	None	Treatment recommended for child and household
Tonsillitis	None	
Tuberculosis (TB)	HPT will be contacted to determine action	
Wart and verrucae	None	Verrucae should be covered in swimming pools, gyms and changing rooms
Whooping Cough (pertussis)*	2 days from starting antibiotic treatment or 21 days from onset of symptoms if no antibiotics	Preventable by vaccine
COVID-19	24 hours clear of a temperature	Stay at home if possible until testing negative

**\*denotes a notifiable disease.**