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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Week 1 | Apple  & Cracker | Pineapple & Scotch  Pancake | Banana &  ¼ Toast | Peaches  & Cracker | Orange &  Scotch  Pancake |
| Week 2 | Pineapple & Scotch  Pancake | Banana &  ¼ Toast | Peaches  & Cracker | Orange &  Scotch  Pancake | Apple  & Cracker |
| Week 3 | Banana &  ¼ Toast | Peaches  & Cracker | Orange &  Scotch  Pancake | Apple  & Cracker | Pineapple & Scotch  Pancake |
| Week 4 | Peaches  & Cracker | Orange &  Scotch  Pancake | Apple  & Cracker | Pineapple & Scotch  Pancake | Banana &  ¼ Toast |
| Week 5 | Orange &  Scotch  Pancake | Apple  & Cracker | Pineapple & Scotch  Pancake | Banana &  ¼ Toast | Peaches  & Cracker |

We are pleased to announce in June 2018 we received the award for nutrition and oral health for children under five. This ensures that we provide healthy food and drinks which meet evidence-based nutrition and oral health guidelines.

This is displayed on the corridor and states:-

* We provide healthy food and drinks which meet evidence-based nutrition and oral health guidelines.
* We are committed to encouraging your child to have fun and be active whilst in our care.

We provide healthy snacks for our children and do not allow sweets to be brought into the setting. A Snack is offered in the morning and afternoon. A drink of milk or water will also be offered to your child. We do need to be aware of any dietary problems / restrictions your child may have so we can cater for them accordingly. This needs to be stated on your child’s registration form.

Snacks subject to change

SNACKS ROTA 2020 / 2021