For specific information regarding daily/weekly nutritional content please speak to your Nursery Chef or Nursery Manager

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| --- | --- | --- | --- | --- | --- |
| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|  Breakfast: A selection of cereals with warm or cold milk; toast with butter; also a selection of fruit available CG M  |
| Lunch | Homemade pineapple cheese pizza served with cucumber and sweetcorn salad CG M http://tse1.mm.bing.net/th?&id=OIP.M12aa609e162ef3182dbd719967a97123H0&w=300&h=199&c=0&pid=1.9&rs=0&p=0&r=0 | Lamb and vegetables lasagne served with garlic bread http://tse1.mm.bing.net/th?&id=OIP.M1c78d6f96f4fb45f5a8bb9b56a44a2b4o0&w=270&h=161&c=0&pid=1.9&rs=0&p=0&r=0CG M ERed lentils and vegetables lasagne  | Chicken and Butternut Squash Curry with RiceImage result for Chicken and Butternut Curry  with Wholegrain Rice Chickpea and butternut Squash Curry with Rice  | Broccoi and cauliflower Cheese M  | http://tse1.mm.bing.net/th?&id=OIP.M8e28adb49838aa02661e3a3b298676a7o0&w=300&h=199&c=0&pid=1.9&rs=0&p=0&r=0Fish fingers, chips and peas F CG Fishless fingers, chips and peas. |
| Desert | Semolina and raisin pudding CG M SDC:\Users\radia\Pictures\semoulina.png | Yogurt M  |  Jelly and Ice cream  CG M E |  Chocolate Brownies  | Banana Loaf and custard https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcSzqsDa438COewvCbX89Y97eS2YeDhr7VbE_deGMfApJ_WiFG-cBg CG M E |
| Tea | Jollof Rice CG  |  Turkish red Lentil soup with cheesy homemade Scones CG M http://goodtoknow.media.ipcdigital.co.uk/111/000001406/f0db/cheesy-red-onion-scones.jpghttp://tse1.mm.bing.net/th?&id=OIP.M37d1a12983e7d028e3e50937effaf89bo0&w=300&h=199&c=0&pid=1.9&rs=0&p=0&r=0 | Image result for potato and sweetcorn bake Potato ad sweetcorn bake M | http://tse1.mm.bing.net/th?&id=OIP.M50dafef9250b175276b893577d767313H0&w=300&h=170&c=0&pid=1.9&rs=0&p=0&r=0Cheese on toast CG M  | http://tse1.mm.bing.net/th?&id=OIP.M3dec3755c8051f61c97cd6d385518d4bo0&w=219&h=153&c=0&pid=1.9&rs=0&p=0&r=0Macaroni and sweet corn bake. CG M  |

We always do our best to accommodate any specific dietary requirements and work closely with our parents to ensure every child is getting 100% of the nutrition they need whilst in our care.

We take care not to provide food containing nuts or nut products and are vigilant where we have a child who has a known allergy.

Seasonal fruit served after Lunch and Tea

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| --- | --- | --- | --- | --- | --- | --- |
| P: Peanuts  | SY: Soya  | F: Fish  | E: Egg | M: Milk  | Mo: molluscs | L: lupin  |
| C: Celery  | CG: Cereal and Gluten | CR: crustacean shellfish  | SS: Sesame Seeds  | SD: Sulphur Dioxide  | Mu: Mustard | N: nuts |