**Pre-school ideas 3**

Some further suggestions to try at home at this time, please upload to tapestry any photos / videos of activities you undertake.

***Personal & Emotional***

* Play the game; head, shoulders, knees and toes together. Play slowly and then faster and faster who can keep up.
* Have little tasks to complete to boost self confidence, matching the socks from the laundry, emptying the washing machine, loading the dryer, helping with the dusting, tiding away their toys, helping with simple food preparation etc….
* Create a picture/ book all about ME. Start with a photo of your child, then add statements, pictures etc. Ideas to include; Colour of eyes, colour / type of hair, favourite foods, favourite toys, family members.
* Play a game- so, you all take turns and especially take turns to win. Talk about the feelings of winning for the winner and feelings of not winning for others.

***Communication and Language***

* Share stories together cuddled up with cushions and blankets
* Undertake our reading challenge:
* A book with a colour in the title
1. A book that is a movie
2. A nature book
3. An unread book
4. Your favourite book with homemade puppets
5. A book about an animal
6. A classic children’s book
7. A fairy tale – can you act it out with props
8. A book about something that interests you i.e diggers/ dinosaurs
9. A book about numbers/ shapes/ letters (or can you make one)
* Share audio stories (https//stories.audible.com/start-listen) free at the moment

***Physical Development***

* Create a necklace using pasta/ cheerios/ beads/ cut up straws.
* Play football/ kick a ball around
* Run around; can you stop when your adult shouts stop? Can you change direction when your adults tell you too?
* Draw a picture for a family member you cannot see right now and which hand do you prefer?
* Write any letters of your name on the picture that you can remember or copy. (lower case except starting letter)
* make a healthy foods picture and talk about how can we stay healthy. Using the following link: https//nutrition.org.uk/healthyliving/lifestages/children
* Play the dressing game, how long does it take to put your clothes on?

***Literacy***

* Make up a rhyme together using the same letter i.e **S**ally **S**ung **S**illy **S**ongs
* Talk about the characters in a story book, who are they, what do they do, where are they and what happens. Can you change the ending to something different?
* Make story stones; Using any stones paint/draw the characters and retell the story
* Go on a LOGO hunt around the house and on your walk, which is most popular? Did you find some new logo’s (this helps children recognise pictures and words e.g. do they recognise TESCO/ NIKE)

***Maths and Science***

* Select a number each day, start with 0-5 > 0-10 > 0-15 > 0-20 and be a number detective. Can you find that number in your environment / on a walk? Can you find the number of objects that matches that number? Can you jump or clap to match the number? Can you write your number or copy it?
* Have some pre-cut shapes and paper and make a picture using just shapes. What could it be?
* Find shapes out in the environment, what shape are bricks, car tyres, windows etc. Take some photos and make a shapes collage.
* Sing songs : 5 little ducks went swimming one day; 5 little men in a flying saucer; Zoom, zoom, zoom we’re going to the moon.
* Play with shadows. Can you make your shadow longer or wider. Take turns drawing around each others shadows. How about toy shadows?

***Understanding the world***

* Go on a bug hunt, what bugs can be found? Name the found bugs by looking on the internet or in books. What do they eat?
* Make a bug home if you have a space, using sticks, logs stones etc
* Visit; You tube for a virtual Zoo Tour ( it may need vetting first)
* Focus on our key workers/ people who help us- what does a nurse do? What does the dustman do? What is a delivery driver? What can we buy and who works in the supermarket? Put up pictures to thank these people at this challenging time or make a play house with a supermarket/ doctors/ hospital
* Go on a google adventure and travel the world, what countries can you find? Can you find any Volcanoes, jungles, wild animals…….?
* Celebrate as a family any special celebrations eg Festivals, birthdays…. Can you share some special news with us at Sunnyfields?
* Enjoy playing with your small world toys (farm/ trains/ cars/castle etc)

***Be Creative/ Expressive Arts and Design***

* Using empty jars/ bottles, fill with water to different levels and then tap with a spoon do the bottles sound the same?
* Have a saucepan band, play copy me with the band. (take it in turns to lead a four-beat pattern)
* Make up a texture picture using junk and items around the home/ garden. What is rough/ soft/ scratchy etc
* Have a Disney karaoke to all the favourite songs (make a microphone using a cone of paper and scrunched paper on the top)
* Create a model from junk/ tape/ glue
* Using connecting bricks make a farm/ garage/ dolls house

***Pre-School Leavers- getting to be school ready***

N.B: Being school ready is about independence not knowledge of reading or writing these come when your child is in reception. Any teacher will be grateful for any of the listed skills learnt already.

* I can ask to go to the toilet
* I can take myself to the toilet independently and wash my hands after.
* I can dress myself including my shoes & coat. I can fold up my clothes in a pile. (P.E skills)
* I can follow a three part instruction i.e go and collect your coat, put it on and line up.
* I can carry a tray of food /my plate of food
* I can eat with a knife and fork
* I can open packaging if having packed lunch. What order do I eat the food?
* I can sit and listen to a story/ instruction
* I can recognise my name (on a peg/ packed lunch bag/ book bag/ on clothes label)
* I can ask for help when I need it.
* I can use a tissue and put it in the bin
* I know/I’m learning how to share
* I can ask can I share/ play
* I can tidy away my toys, this maybe to a piece of music, who finishes first.