Preschool learning at home.

Some ideas to try at home……. Please upload any Photos, videos , pictures or observations of your child learning at home onto your tapestry account.

Survival Tip; If you are working from home and caring for your child. From experience giving good quality time (ie 10 mins) then set them up play time, with various toys/ activities they can explore independently. You may find calm whilst you work for the next 30mins- 1 hour.

(C&L) Cuddle up with some books and chat about the characters and discuss what happened, where is it set, discuss together.

Act out the story if you can with toys/ puppets/ dress ups.

Can you make your own story, adult to scribe and child to do drawings.

(Physical) PE with Joe each morning at 9am (You Tube)

Yoga with Cosmic Kids (You tube)

Make your own instruments and have a marching band around the living room.

Create an obstacle course in the living room; e.g. under the table, over the cushions, behind the sofa, around the laundry basket etc

Toss a sock – tie up socks and toss them into the laundry basket (how many can you toss in the basket)

Make your own parachute game out of a flat sheet. Put soft play balls/ tied up socks on top, everyone stands up holding corners and shake them all off.

(Maths & Science)

Freeze toys in ice blocks to explore and find ways to crack open or see how long it takes for it to melt.

Go on a number hunt around the house, look on food packaging, cooker, clothes, telephone, TV remote, clocks etc

Create a ramp and watch the cars roll or balls roll down

Water play at the kitchen sink. Wash the tea- set, explore what sinks and floats

Build a tower: How many bricks high? Is it as tall as me when sitting/ standing. Can I measure it using tape measure/ ruler? Look at the numbers together.

Go on a shapes hunt around the house, start with 2D extending to include 3D

Just build with bricks.

Cooking, measure ingredients see attached recipes for ideas

Talk about the routine of the day, Breakfast time, play time, Lunch time, garden time/time for a walk, Tea/ Dinner time, bath time, story time, bed time.

(Creative EAD)

Create a superhero and have superpowers, which superpowers would you choose. Using recycling materials make a superhero costume.

Have a Karaoke concert. Make a microphone and sing your favourite songs.

Have a disco and dance to the beat, video your best moves for tapestry.

If you are feeling brave and have paints at home; create a picture, mix colours, freely paint anything scrap paper/ bubble wrap/ cardboard.

(Literacy)

Go on a letter hunt and practise the sounds and their names. (Sounds can be found for Adult information only on -you tube ; Jolly Phonics, letter sounds, British English)

Clap a beat. Especially your child’s name. How many syllables did you clap. Make a 4 clap beat for your child to copy.

Learn a poem or a rhyme.

Writing

Provide a space i.e. a table with paper and crayons/ pens/ pencils for free drawing using whatever writing tools you have, let children see you writing with a purpose. Let them experiment. Value any marks they make it does not have to be correct.

Have a name card eg ‘Amy’ for your child to freely copy, when they are ready.

To build the muscles for writing; wash the windows together have a sponge/ cloth/ brush and make anti-clockwise & anti clockwise, up and down (letter forming motions) movements as you wash.

Understanding the world

Plant any seeds and watch them grow (fruit/ vegetable seeds if you do not have any shop ones). Measure any growth with a ruler and make a chart to record growth. Look for, roots, shoots, leaves and petals

Go on a bug hunt around the garden or woods. Talk about what you find, maybe draw a picture or make an art piece out of natural materials and send the photo to tapestry.

Look after any pets together

Look for signs of spring

Grow a carrot head, place the carrot head on a plate of water, watch the shoots grow. ( look at re-growing veg from scraps) Did you know you can grow potatoes from a potato eye?