

Sure Starts Children's Centre



Newsletter January 2014

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This month our learnings have been around learning "All About Me" which has included the body, facial expressions, the senses and height & size.

In Daycare some of the activities we have been doing have been fingerprint cards, playdough and eggshell faces, taste tests, height charts and tea bag painting.

In Preschool we have been working on our letters, words and numeracy. Some of the activities we have been doing have included a body collage, skeleton puzzles to learn about bones, matching faces and size and shape sorting.

In February we will all be learning about hygiene and then concentrating on the theme of "Growing" which will include the weather, plants, fruits and vegetables.

Quote for the month
"The soul is healed by being with children."
English Proverb

REMINDER

Parents meeting at the centre on
Monday 3rd February from 6pm.
Please make every effort to attend the meeting as important topics are to be discussed.

Always kiss your children goodnight,
even if they're already asleep.

~H. Jackson Brown, Jr.



SCHOOL REPORTS

If you have not already done so, please return your child's school reports to the administration office as soon as possible.

It is also extremely important for all parents to let the administration office know if children are not going to be at school on a given day.

REMINDER

It is very important that if your child is sick, they are kept at home to not only ensure they rest and get better but also to prevent other children and our staff from getting sick.



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A COUPLE OF OUR FAVOURITE SONGS IN JANUARY

"Wind the Bobbin"

Wind the bobbin up, Wind the bobbin up
Pull, Pull, Clap, Clap Clap.
Wind the bobbin up, Wind the bobbin up
Pull, Pull, Clap, Clap Clap.
Point to the ceiling, Point to the floor
Point to the windows and point to the door.
Clap your hands together, One, Two, Three
Then put your hands down on your knees.

"I'm A Dingle Dangle Scarecrow"

When all the cows were sleeping and the sun had gone to bed
Up jumped the scarecrow and this is what he said!
I'm a dingle, dangle scarecrow with a floppy floppy hat
I can shake my hands like this and shake my feet like that.
When all the hens were roosting and the moon behind the cloud
Up jumped the scarecrow and shouted very loud.
I'm a dingle, dangle scarecrow with a floppy floppy hat
I can shake my hands like this and shake my feet like that.
When the dogs were in the kennels and the doves were in the loft
Up jumped the scarecrow and whispered very soft.
I'm a dingle, dangle scarecrow with a floppy floppy hat
I can shake my hands like this and shake my feet like that.
I'm a dingle, dangle scarecrow with a floppy floppy hat
I can shake my hands like this and shake my feet like that.



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Sure Starts Children's Centre – Menu 2014

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Weetabix	Ulezi Porridge	Cornflakes	Ready Brek	Oats
MORNING SNACK	A selection of sliced fruits				
LUNCH	Beef or Vegetable Stew with Ugali and rice or Sausage, Mashed potato, green beans and cabbage	Vegetable pasta bake or Beef Lasagne, peas and carrots	Shepherd's pie and green beans	Rice and Ugali with Chicken & vegetables or Fish pie with vegetables	Margarita and red pepper pizza with salad or Picnic – Carrot, Cucumber and pepper sticks, tomatoes and a selection of sandwiches with fillings
DESSERT	Yoghurt	Chocolate Sponge or Pineapple Upside Down Cake with Custard	Custard with seasonal fruits	Ice-cream or jelly	Fruit Crumble

*For younger children food can be pureed or alternative meal will be made. When this is a case we will let you know.

Alternatives are made for those with food allergies.



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Sure Starts Children's Centre - Extra Curricular Activities For children aged 3 – 8 years

	Monday	Tuesday	Wednesday	Thursday	Friday
9am – 10am	Songs & Stories 12 months – 2 years		Songs & Stories 12 months – 2 years		Songs & Stories 12 months – 2 years
2.30pm – 4pm	World Music & Culture	Stitch & Sew	In the Garden & Upcycling	Cookery	Imagination Studio Art & Mixed Media

All Extra Curricular Activities will run from Monday 13th January 2014 – Friday 14th March 2014

Tsh 20,000 per child per session, payable on the 1st of each month

All afternoon activities run for 1 hour, with a 30-minute snack and play break at the end

