



## to Tiny Acorns!

*We have had lots of new families join us this month. We hope you have lots of fun growing and learning at Tiny Acorns!*

### **A big welcome to....**

*Evelyn, Elspeth, Daisy, Holly, Zach, Florence and Freddie.*

**We're so pleased you're coming to play with us**



**This month we have been celebrating lots of birthdays!**



*Zach, Willa, Milo, Freddie, Emilia, Emily, Jack, Penelope, Oliver, Florence, Sienna, Benji, Barney, Bella, Harry, Freddie, Nansi, Annika, Alice, Isaac and Harry*

**We hope you have lots of fun on your special day!**

This month's focus is on...

## Children's emotional wellbeing



*Young children go through a wide range of changes, transitions and experiences in their lives at home and nursery. As children grow, it is important that we support them to recognise, name and express their emotions and feelings in order that they can begin to understand how best to deal with them effectively.*



*This month at Tiny Acorns we have been focusing on the children's emotional wellbeing. We have created cosy spaces in each room, made sensory bottles, and learned about the best ways to help support children to understand the experiences they have and express themselves clearly.*

*We are also in the process of creating some special bags of resources which can be shared with you and your child if you are moving home, expecting a new baby, or going through any changes as a family. Please do let us know if you or your child would benefit from a little extra support. through these times.*

*Here are a few things we can do to support healthy little minds...*



Watch the clouds or the rain together. Take quiet time to focus on something and talk about what you can see. Replace some screen time with a walk out in nature. Snowglobes and glitter bottles also have a similar impact



Baby yoga is a great way to spend some quality time together- stretch, take deep breaths, and have some calm, mindful time together. YouTube has some great videos to follow



Name your own emotions and support your child to do so too. Use images of faces if this helps

Here's what we got up to in January...



**We celebrated Chinese New Year**

The children enjoyed tasting chinese food, exploring noodles and chopsticks, and painting chinese dragons!



**A new reading garden**

*The preschool room now has its very own reading garden for the children to enjoy stories together*



**The frost arrived**

*We had chance to explore the first frosts of the winter. The children have loved discovering frost and ice in the garden at nursery*



**We had a visit from Ofsted!**

*It was a great opportunity to show Ofsted all of the things we are proud of here at Tiny Acorns. Thank you so much for sharing your feedback too. We will share the outcome with you as soon as it's published.*

## Here's what's coming up in February...



We're really excited to launch some whole setting training this month on Healthy Activity for children. The course will cover health, nutrition, and a whole range of new ways for the children to get active outdoors. We're can't wait to deliver some exciting new activities to the children!



We will now have a focus 'sign of the week' across the whole nursery- helping us to build a vocabulary of words with signs for the children to use to communicate



### And in March

We will be celebrating World Book Day. We would love to see the children dressed up as a character from their favourite story!

## Staff News



We will be saying goodbye to Molly as she leaves us on 14th February. We wish Molly all the best in her new home and next adventure



We are celebrating with Laura and Emma as they have both now been at Tiny Acorns for 5 years!

As you may now know following Colette's email, Katrina will be leaving Tiny Acorns after an amazing 11 years.

We will be saying goodbye on March 27th, and wishing Katrina all the very best for the future.



We're really excited to announce that Naomi will be having a baby boy in May!



## Notes and reminders



Just a reminder that the School is a

### **No Wheels Zone**

Please ensure that the children are walking with their bikes and scooters once inside the gates.

We also request that you hold children's hands to ensure their safety while walking up the nursery driveway

Thank you

### **Dates for your Diary**

February 17th to 21st:

Half Term

March 5th:

World Book day



Please make sure that your child's belongings all have their names clearly printed. Things like hats and wellies are often the same and it's really helpful if we can identify what belongs to who.

Label lions make a range of bright custom name labels for clothes, shoes etc.

Check them out online!