

Allergies and allergic reactions

At Tiny Oaks Day Nursery we are aware that children can have allergies which may cause allergic reactions. We will follow this policy to ensure allergic reactions are minimised or where possible prevented and staff are fully aware of how to support a child who may be having an allergic reaction.

- Staff will be made aware of the signs and symptoms of a possible allergic reaction in case of an unknown or first reaction in a child. These may include a rash or hives, nausea, stomach pain, diarrhoea, itchy skin, runny eyes, shortness of breath, chest pain, swelling of the mouth or tongue, swelling to the airways to the lungs, wheezing and anaphylaxis
- Information will be passed on by parents from the registration form regarding allergic reactions and allergies and must be shared with all staff in the nursery
- Parents should notify the nursery IMMEDIATELY if the child's circumstances change
- All allergies are listed on the dietary requirements. EVERY room has a copy of these.
- The nursery manager must carry out a full Allergy Risk Assessment and complete a health care plan with the parent prior to the child starting the nursery. The information must then be shared with all staff and a copy of the care plan will be kept in the child's file and their base room along with any medication required in a secure container clearly labelled with the child's name, photograph and allergy, out of reach of children
- For the avoidance of doubt and so that staff are aware and reminded of individual needs, information regarding every child's dietary requirements is clearly displayed in the kitchen and dining areas
- All food prepared for a child with a specific allergy will be prepared in an area where there is no chance of contamination and served on equipment that has not been in contact with this specific food type, e.g. nuts. If this cannot be guaranteed the parent must supply the food
- The manager, nursery cook and parents will work together to ensure a child with specific food allergies receives no food at nursery that may harm them. This may include designing an appropriate menu or substituting specific meals on the current nursery menu
- If a child has an allergic reaction to food, a bee sting, plant etc. A Paediatric first aid trained member of staff will act quickly and administer the appropriate treatment. Parents must be informed and it must be recorded in the incident book
 - On this occasion, non-prescribed anti-histamine would be administered if the child was not in receipt of their own named bottle
 - If this treatment requires specialist treatment, e.g. an auto injector, then at least two members of staff working directly with the child and the manager will receive specific medical training to be able to administer the treatment to each individual child

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- A sick child above all needs their family, therefore every effort should be made to contact a family member as soon as possible
- If the allergic reaction is severe a member of staff will summon an ambulance immediately. We WILL NOT attempt to transport the sick/injured child in our own vehicles
- Whilst waiting for the ambulance, we will contact the emergency contact and arrange to meet them at the hospital
- A senior member of staff must accompany the child and collect together registration forms, relevant medication sheets, medication and child's comforter
- Staff must remain calm at all times; children who witness an allergic reaction may well be affected by it and may need lots of cuddles and reassurance
- All incidents will be recorded, shared and signed by parents at the earliest opportunity
- Refer to food and drink policy for special diet procedures

CARE PLANS and RISK ASSESSMENTS

- Any child who is deemed to have an allergy and requires regular or emergency medication will require a care plan and risk assessment
- Care plans should be completed in partnership with parents prior to a child starting the nursery
- A copy of the completed care plan should then be stored in a clear sealed container with the child's name and photograph on, in the child's play room along with their required medication
- A copy of the child's care plan should also be stored in the child's personnel file
- If staff require specific training to administer the child's medication, this will need to be in place prior to the child being left in the care of the nursery

This policy was adopted on	Signed on behalf of the nursery	Date for review
16/1/2023	<i>m khaira</i>	16/01/2024