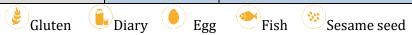
Week 1	Morning Snack	Lunch	Afternoon Snack	Tea
Monday	Rice cakes	Jacket potatoes with various fillings Cheese, tuna, baked beans	Pear slices and satsumas	Toasted crumpets with cheese and cucumber
		Banana flapjack		Greek yoghurt / Babies Fromage Frais
	Crackers with cheese	Vegetarian sausages with homemade vegetable hash	Vegetable sticks	Spaghetti on toast
Tuesday		Lemon cake		Seasonal Fruit salad
Wednesday	Wholemeal Toast squares	5 a day bolognaise with pasta	Rice cakes	Toasted muffins with cheese slices and ham
		Homemade banana ice cream		Blueberries or peach slices with yoghurt
Thursday	Breadsticks & cream cheese	Mediterranean Fish Bake with cous cous	Apple slices with cheese slices	Sweetcorn and pea fritters with carrot sticks
		Greek yoghurt / Babies Fromage Frais		Malt loaf
Friday	Oat cakes with mashed banana	Chicken and roast veg traybake with rosemary potatoes	Vegetable sticks	Scrambled eggs on toast
		Victoria Sponge Cake		Fruit platter









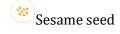
^{*}All snacks served with milk or water. All puddings are made using no/reduced sugar recipes*

Week 2	Morning Snack	Lunch	Afternoon Snack	Tea
Monday	Wholemeal Toast squares	Lentil vegetable curry, served with rice & naan bread Chocolate Cornflake cakes	Apple and Pear slices	Bagels with cream cheese spread, ham and cucumber Greek yoghurt / Babies Fromage Frais
Tuesday	Crackers with cheese	Mediterranean Fish Bake with cous cous Pancake fruity traybake	Vegetable sticks	Toasted pizza muffins with cheese, ham and veg toppings served Banana and peach slices
Wednesday	Rice cakes	Homemade cheese & onion pie served with broccoli Fruit salad with melon/pineapple	Malt loaf	Cheese and chive scones with cheese spread and cucumber Yoghurt and banana
Thursday	Breadsticks with carrot sticks and cream cheese	Creamy chicken leek and sweetcorn chowder with crusty bread Fruity berry jelly	Apple slices with cheese slices	Pitta bread served with Homemade tomato sauce, Raita and vegetable sticks Fruit loaf
Friday	Oat cakes with mashed banana	3 Veg Mac n Cheese Peach and mango sorbet	Vegetable sticks	Beans on toast Fruit Platter









Week 3	Morning Snack	Lunch	Afternoon Snack	Tea
Monday	Breadsticks houmous or cheese dip	Fish cakes, wedges and veg	Peach and apple	Toasted muffins with cheese and ham
		Greek yoghurt / Babies Fromage Frais		Fruit loaf
Tuesday	Rice cakes	Chicken and roast veg traybake with rosemary potatoes	Fruit sticks	Scrambled eggs on toast
Tuesuay		Banana Flapjack		Malt loaf
Wednesday	Oatcakes 🔑	Vegan red pepper pasta	Apple and cheese slices	Sweetcorn and pea fritters with carrot sticks
wednesday		Peach or mango sorbet	cheese sinces	Pear and satsumas
Thursday	Crackers with cheese & cucumber	Jacket potatoes with various fillings Cheese, tuna, baked beans	Vegetable sticks	Mediterranean Cous cous with vegetables
		Victoria Sponge Cake		Yoghurt and banana
Friday	Wholemeal Toast squares	Deconstructed beef tacos with rice, wraps/pittas	Rice cakes	Crumpets with cheese spread and cucumber
		Chocolate Cornflake cakes		Seasonal Fruit salad



Diary Egg Fish Sesame seed *All snacks served with milk or water. All puddings are made using no/reduced sugar recipes*

Week 4	Morning Snack	Lunch	Afternoon Snack	Tea
Monday	Rice cakes	Macaroni cheese with broccoli Fruit salad with melon/pineapple	Vegetable sticks	Beans on toast Malt loaf
Tuesday	Bread sticks with cream cheese dip	Pulled chicken with chickpeas and cous cous Greek yoghurt / Babies Fromage Frais	Malt loaf	Pitta pockets, with homemade tomato sauce, raita & vegetable sticks Seasonal Fruit salad
Wednesday	Oat cakes with mashed banana	Fish cakes served with homemade wedges and veg Lemon cake	Fruit loaf	Cheese and chive scones with cream cheese and cucumber Apple and pear slices
Thursday	Wholemeal Toast squares	Turkey and courgette pasta bake Vegan Banana bread	Apple and cheese slices	Mediterranean Cous cous with vegetables Greek yoghurt / Babies Fromage Frais
Friday	Banana slices	Lentil vegetable curry, served with rice & naan bread Fruit berry jelly	Vegetable sticks	Toasted pizza muffins with cheese, ham and veg toppings served with cucumber sticks Pear and apple slices









Gluten Diary Egg Fish Sesame seed *All snacks served with milk or water. All puddings are made using no/reduced sugar recipes*